



# A Family's Journey



## STEP ONE

Contact Help Me Grow Maine through our website, calling 211 (option 5), or calling the program directly at 1-833-714-7969.



## STEP TWO

During this call, a Family Support Specialist will provide information and resources, and offer a developmental screening. If needed, the Family Support Specialist will refer the child to appropriate services.

If we missed your call, a Family Support Specialist will reach out within 24 business hours.



## STEP THREE

After initial support is provided, the Family Support Specialist will follow up with the family 5, 25, and 60 days later to ensure their needs are being met.



## STEP FOUR

The outcome of referrals will be provided to the referral source, as well as other providers of parent's choice.



### Non-Discrimination Notice

The Department of Health and Human Services does not discriminate.