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Northwest
Florida

Building Better Futures

with Goal Concordant Care,
Protective Factors and
Parent Cafés



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OBJECTIVES

- ✿ Define Goal Concordant Care and learn how this strength-based approach can better the children, families, and communities you serve
- ✿ Analyze the 5 Protective Factors Framework and how they show up in the lives of the families you serve
- ✿ Develop an understanding of the Parent Café Framework and how peer-to-peer learning is driving change



Early Learning
Coalition of
Northwest
Florida, Inc.





Hurricane Michael
October 10, 2018



September 2020



August 2022
Goal Concordant Care Stipend



February 2023
First Parent Café



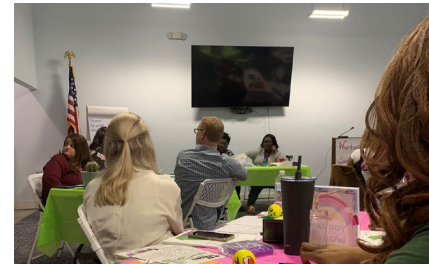
March 2020
COVID-19



October 2020



October 2022
Be Strong Families Training



“Disaster and adversity have the same potential to both unify and heal as it does to destroy.” –Executive Director of ELCNWF, Suzan Gage

Goal Concordant Care



Goal [gōl] **NOUN**

The object of a person's ambition or effort; an aim or desired result



Concordant [kən'kôrdnt] **ADJECTIVE**

In agreement, consistent, corresponding in direction with



Care [ker] **NOUN**

the provision of what is necessary for the health, welfare, maintenance, and protection of someone or something

Goal Concordant Care



Strength-based



Elevates families' goals



Empowers the family



Driven by co-developed goals

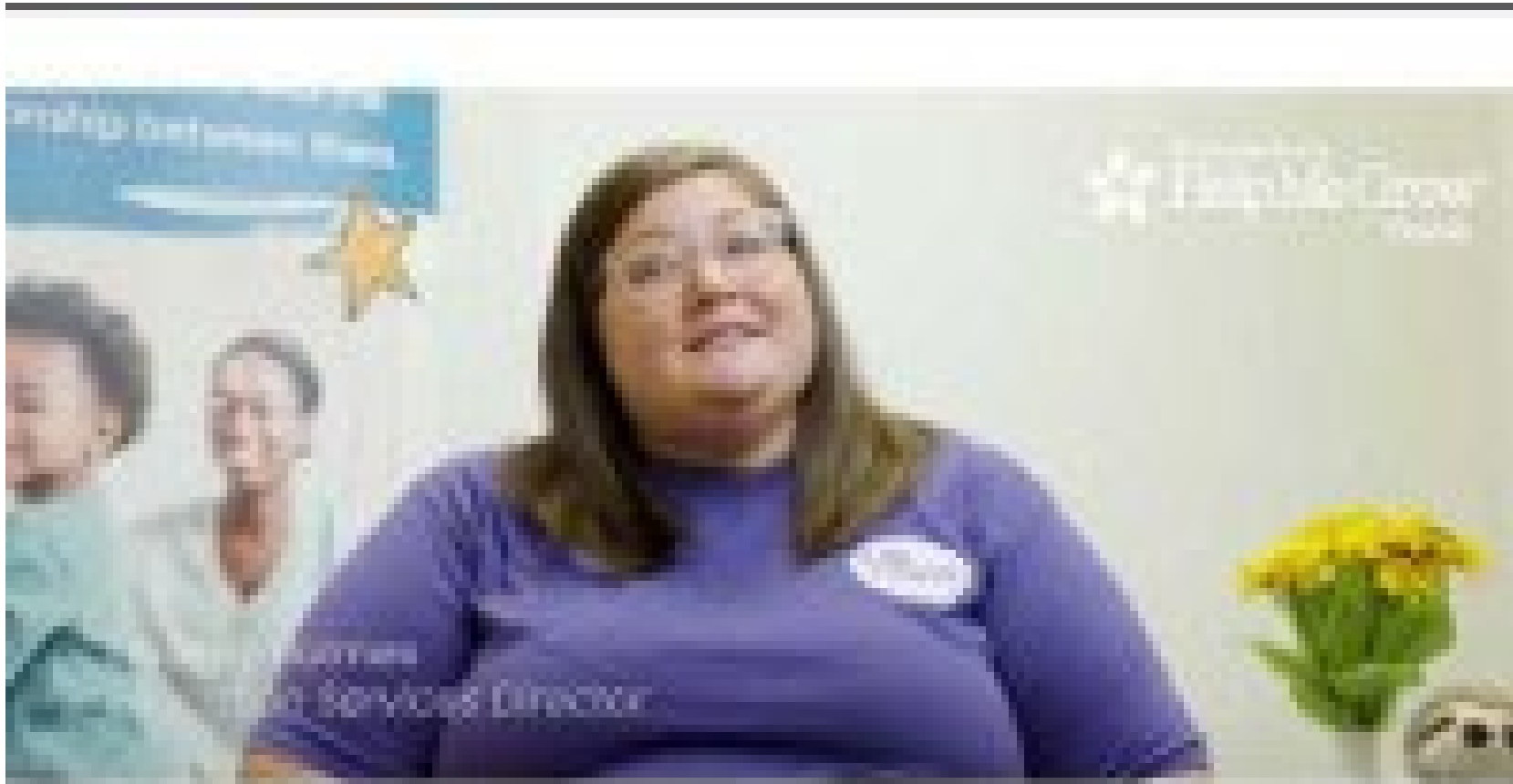


Increases early identification of concern, referral, and linkage



Enhances conditions for promoting equity and inclusiveness

What does GCC mean to our community?



Strengthening Families- Protective Factors Framework



1

Parental
Resilience

2

Social
Connections

3

Knowledge of
Parenting and
Child Development

4

Concrete
Supports in
Times of Need

5

Social-Emotional
Competence of
Children

Resiliency



Numerous researchers have concluded that how parents respond to stressors is much more important than the stressor itself in determining the outcomes.

Parents are resilient when they can call forth their inner strength to proactively meet personal challenges and those in relation to their child, manage adversities, heal the effects of trauma and thrive given the unique characteristics and circumstances of their family.

Questions to ask parents:

- ✓ Where do you draw your strength?
- ✓ What are your dreams for yourself and family?
- ✓ How do you take care of yourself when you are stressed out?

Social Connections

Parents' constructive and supportive social connections, or relationships, with family members, friends, neighbors, co-workers, community members and service providers are valuable resources who provide emotional support, informational support, instrumental support, and spiritual support.



Research shows that, for both mothers and fathers, high levels of these supports are associated with positive parental mood, positive perceptions of and responsiveness to one's children, parental satisfaction, well-being and sense of competence; and lower levels of anger, anxiety and depression.

Questions to ask parents:

- ✓ Do you have friends or family members that help you out once and a while?
- ✓ What kind of social support do you need?
- ✓ What helps you feel connected?



Knowledge of Parenting and Child Development



Evidence shows that the foundations for intellectual, social, emotional, and moral development is founded in early childhood.



Intellectual, social, emotional, and moral development is determined by the nature of the young child's environments and experiences that shape early brain development.



Questions to ask parents:

- ✓ What does your child do best and what do you like about your child?
- ✓ Are there things that worry you about your child's development or behavior?
- ✓ How do you continue to learn about your child's development?

Concrete Supports in Times of Need



Parents need experiences that enable them to understand their rights in accessing services, gain knowledge of available services, and learn how to navigate through the service systems.

Seeking help is a step toward improving one's circumstances and learning how to better manage stress and function well- even when faced with challenges, and adversity.

Questions to ask parents:

- ✓ What do you need to _____ (stay in your house, keep your job, pay your utilities)?
- ✓ Are there community groups or local services that you have worked with in the past?
- ✓ What have you done to handle the problem? Has this worked?

Social and Emotional Competence of Children

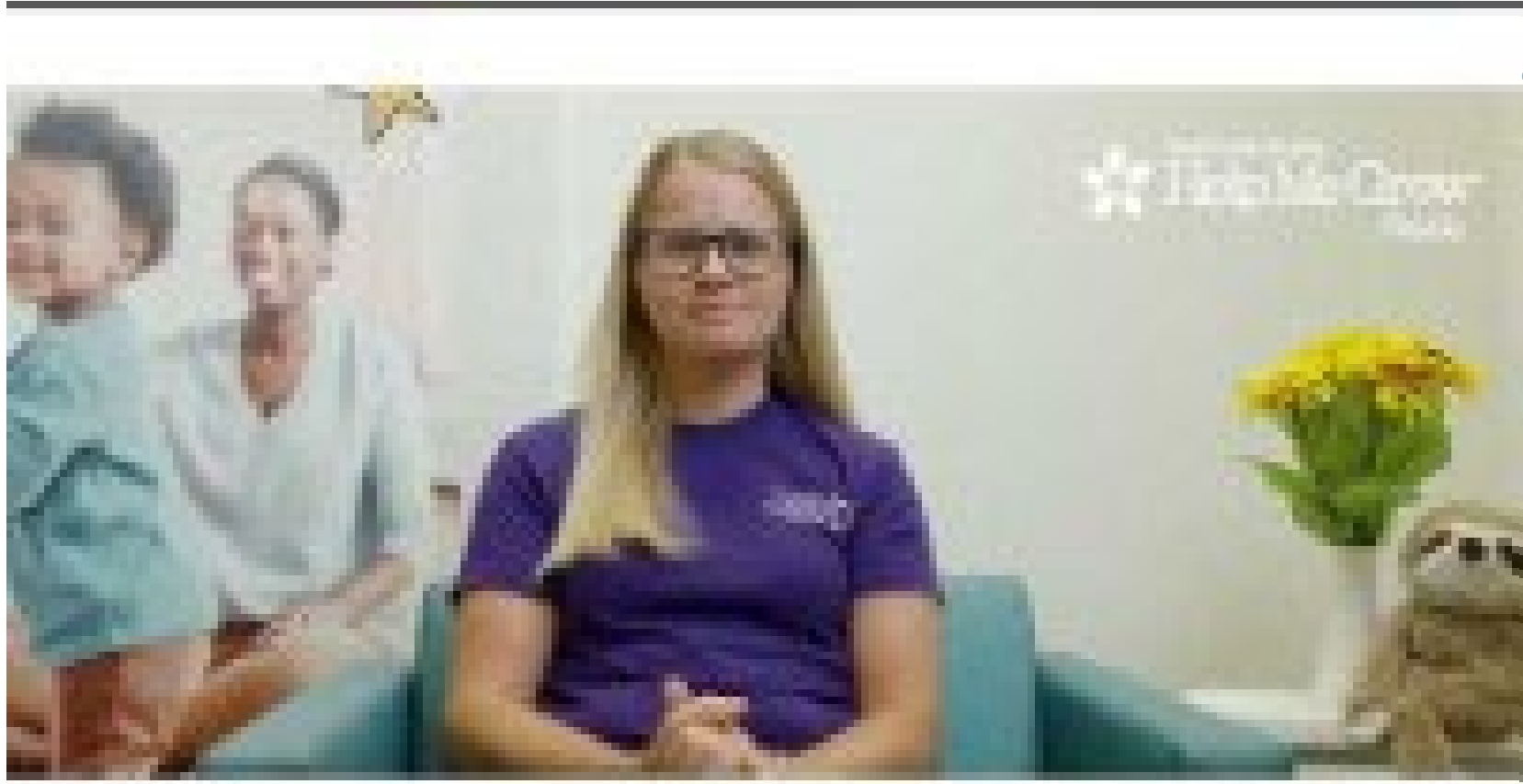


There is a strong link between young children's social and emotional competence and their cognitive development, language skills, mental health, and school success.

The dimensions of social-emotional competence in early childhood include self-esteem, self-confidence, self-efficacy, self-regulation/self-control, personal agency, executive functioning, patience, persistence, conflict resolution, communication skills, empathy, social skills, morality.

Questions to ask parents:

- ✓ How is the emotional relationship between you and your child?
- ✓ How do you express love and affection to your child?
- ✓ How do you help your child express his or her emotions?



What is a Parent Café?

- 🌸 Peer-to-peer learning with deep self-reflection
- 🌸 Safe place for caregivers to share their lived-experiences
- 🌸 [Youtube.com/watch?v=IFZISz36mt4&t=64s](https://www.youtube.com/watch?v=IFZISz36mt4&t=64s) – Be Strong Families Parent Café



Partnerships = Community & Sustainability



- Family/Parent Lead, community-based
- Faith-based, school districts, childcares/aftercare, where parent(s) gather or create your own space
- In-kind supports, donations, funding, outreach
- Provide a meal, childcare, and incentives for participation



DAD'S CAFÉ



DOOR PRIZES, GIFT CARDS, BBQ DINNER, & MORE!

FATHER'S PARENT CAFE

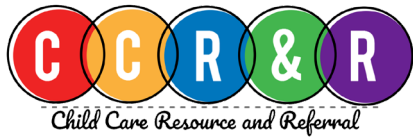
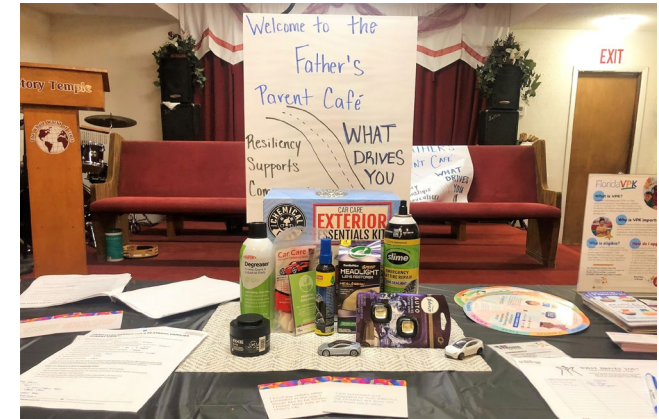
WHAT DRIVES YOU?

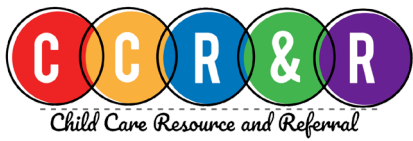
Saturday
JUNE 17

Victory Temple Church
831 E 12th Ct
Panama City, FL 32401

5-7:30 PM

REGISTER HERE!





Let's collaborate!



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2. Click “Community” on top header
3. Select Discussion Rooms from the drop down menu
4. Select the discussion happening right now with our session title

*Each discussion room will include up to six people



**HELP ME GROW
NATIONAL FORUM
WEEK 2023**

