

Motivational Interviewing Tools

- Motivational Spirit (MI) Tool:
<https://ubwp.buffalo.edu/ubmi/wp-content/uploads/sites/163/2022/01/MI-Spirit.pdf>
- Motivational (MI) Skills Tool:
<https://ubwp.buffalo.edu/ubmi/wp-content/uploads/sites/163/2022/01/MI-Skills.pdf>
- MI 4 Processes Tool:
<https://ubwp.buffalo.edu/ubmi/wp-content/uploads/sites/163/2022/01/MI-4-Processes.pdf>

Additional MI tools

- MI Links and Resources:
<https://ubwp.buffalo.edu/ubmi/mi-links-and-resources/>
- Tooth Talk Video: 24-minute Vimeo video with tips and examples about use of MI in early childhood settings. <https://vimeo.com/84873378>