

Advancing Goal Concordant Care through Help Me Grow Implementation Meet the Project Partners: Be Strong Families

Additional Resources

- **Be Strong Families Website** <https://www.bestrongfamilies.org/>
- **Be Strong Families Blog** [WEIGHING IN ON "PARENT ENGAGEMENT THROUGH A LENS OF EQUITY"](#)

Events

A Taste of Café Meeting Registration:

Our Taste of Café series gives you a preview of Cafés—Be Strong Families' internationally known, structured, small group conversations! Join us each **Friday at 12:00 pm CT** for a free session where you can take part in peer-to-peer conversations that facilitate transformation, healing, and strength within families.

Click link to register <https://bestrongfamilies-net.zoom.us/meeting/register/tZUtcuyhrjosHddR8ks2phfh8QPepKdhaRS4>

Intro to BSF Parent Cafes

Learn how to take your cafes online while keeping the fidelity of the BSF model. Designed to introduce attendees to the history, benefits, major parts and roles of a Be Strong Families Parent Café. Complete with experiencing a virtual Parent Café. *Click link below to register:*

<https://bestrongfamilies-net.zoom.us/meeting/register/tZludeCpqD4oE9yHPowvbEGjZxkEerTuiell>

Video Resources:

- **What is a parent cafe?** https://www.youtube.com/watch?v=TxT_vFONrC4
- **Benefits of Be Strong Families Cafes** <https://www.youtube.com/watch?v=D5ekAbwaayU>