



*Did you know 90% of your child's brain develops by age 5?*

**These are critical years to shape your child's success in school and life.**

If you have questions about how your child, birth through age 5, is:

- \* Growing
- \* Learning
- \* Behaving
- \* Speaking

**Call 916-822-8744**

**[www.helpmegrowsac.org](http://www.helpmegrowsac.org)**

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Free and Confidential



Agencies interested in Help Me Grow resources, training, and partnership inquiries,  
Call 916-228-2506