

Initial Observations : Health Care Access and Usage Patterns Among Children Served by Help Me Grow

In 2017, an analysis of data was conducted comparing Alameda Alliance for Health (Alliance) clients served by Help Me Grow (HMG)* and Alliance-only clients.** Results indicate that **HMG has a positive impact on children's access to and usage of health care services.** Given the promising nature of these preliminary results further analysis is recommended.



EARLY INTERVENTION

~2 yrs

Help Me Grow children had earlier interventions for mild to moderate mental health services and Applied Behavior Analysis***

{ *Identifying developmental delays early can save up to \$203,000 in treatment costs per child ages 3 - 22. (DOH presentation (report card))* }

Developmental Disorders	Disorders usually diagnosed in infancy, childhood or adolescence	Applied Behavior Analysis (ABA)	Anxiety Disorders
HMG Age 4.3 yrs old	HMG Age 4.0 yrs old	HMG Age 4.1 yrs old	HMG Age 5.2 yrs old
2.4 years younger than non HMG group	1.5 years younger than non HMG group	1.1 years younger than non HMG group	1.4 years younger than non HMG group

INCREASED UTILIZATION

55%

Help Me Grow served more than half of children who received early childhood interventions through mild to moderate mental health services and ABA

{ *Although the HMG population is smaller than the overall Alliance population, a far greater proportion are accessing the services noted below.* }

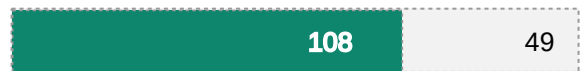
DISORDERS USUALLY DIAGNOSED IN INFANCY, CHILDHOOD OR ADOLESCENCE

176 total children received ABA services, **61% were served by HMG**



APPLIED BEHAVIOR ANALYSIS

157 total children received ABA services, **68% were served by HMG**

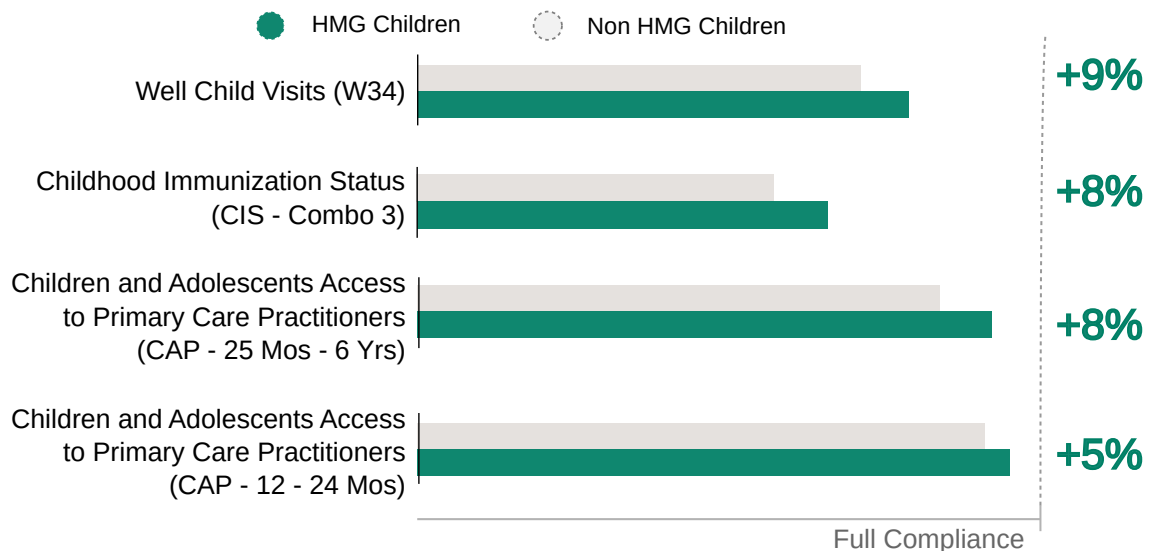


● HMG Children ○ Non HMG Children

COMPLIANCE TO HEDIS MEASURES

+ 8%

Help Me Grow children on average had higher percentages of compliance in select HEDIS measures



*n=7,737 children; **n=314,403 children; ***Interventions for children with developmental disabilities such as autism
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