

# Activity # 2 – Input vs. Co-Design

**INSTRUCTIONS:** Take a moment to think about your current Help Me Grow efforts. Answer the following questions:

1. Which partners do you currently have engaged? What keeps them participating?
2. Do you have a mission statement or design principles you follow?
3. What is your organizational structure? Who makes decisions?
4. Is there a space for families' ideas and experiences to be part of your planning or process improvement?