



# **Developmental Screening Opportunity**

## What is Ages & Stages Questionnaires, Third Edition (ASQ-3)?

Your child care teacher and Help Me Grow are working together to help screen your child's growth and development. ASQ-3 is a set of questionnaires about children's development, ages 1 month to 5½ years. It looks at how children are doing in important areas, such as speech, physical ability, social skills, and problem-solving skills. ASQ-3 can help identify your child's strengths as well as any areas where your child may need support.

### How does it work?

As a parent or caregiver, you are the best source of information about your child. That's why ASQ-3 questionnaires are designed to be filled out by you. You will only need 10-15 minutes. Here's how the ASQ-3 works:

- You will need to answer each question "yes," "sometimes," or "not yet," based on what your child is able to do now.
- To answer each question, try fun and simple activities with your child. These activities encourage your child to play, move around, and practice day-to-day skills.
- After you complete the questionnaire, submit to Help Me Grow and then Help Me Grow will be sharing the results with you.

# How do I participate?

Use the online link listed below to complete the ASQ-3. If your child is developing without concerns, Help Me Grow will send you a letter with the results along with a list of fun activities that you can do with your child. If there are any concerns or questions about your child's development, Help Me Grow will call you to discuss the results and offer additional resources. Please make sure to share these results with your child care teacher.

• <a href="https://bit.ly/ASQEnglishOC">https://bit.ly/ASQEnglishOC</a>

# Do you have any questions?

If you have any questions on how to complete the ASQ-3 please feel free to ask your child care teacher.

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