



Help Me Grow – Long Island: Information for Child Health Providers

What is Help Me Grow – Long Island?

Help Me Grow – Long Island is a **FREE** resource connecting families and providers to community resources and child development information in Nassau and Suffolk counties, with the mission of promoting optimal development of Long Island's young children. More specifically, we offer the following services in English and Spanish:

- **Developmental questionnaires:** the Ages and Stages Questionnaire (ASQ), for children ages 0-65 months (approx. 5.5 years)
- **Information** on general child development and parenting topics
- **Referrals** to community resources that support child development
- **Care coordination** to ensure that families successfully connect with suggested resources
- **Partnerships** with child health and service providers to ensure developmental support for young children

The Help Me Grow – Long Island Partnership

Help Me Grow – Long Island isn't an agency, but a partnership based on a national model for organizing existing agencies with the goal of more efficiently and effectively reaching and helping at-risk children. The HMG model calls for promotion of early developmental screening via a centralized access point, as well as outreach through community organizations and health providers. HMG-LI is managed by Docs for Tots, housed at the Child Care Council of Nassau, and utilizes the phone system and resource database from United Way of Long Island's 211 system.

About HMG-LI Referrals

HMG seeks to provide developmental health promotion and screening, and any resulting referral and follow-up to meet the needs of families with young children. This may include Individuals with Disabilities Education Act (IDEA) services, such as Early Intervention and Committee on Preschool Special Education. Families and professionals with concerns about an infant from birth to five years who has, or is suspected of having, a delay or a disability will be referred to the appropriate county or school district service for evaluation, as well as be connected to the Long Island Early Childhood Direction Center for further guidance.

For more information contact:

Help Me Grow – Long Island Bilingual Family Resource Specialist Blanca Franco: 516-548-8924 blanca@hmgli.org
Help Me Grow – Long Island Coordinator Melissa Passarelli: 631-662-3176 melissa@docsfortots.org
Or visit www.helpmegrowny.org



“What’s in it for me?”

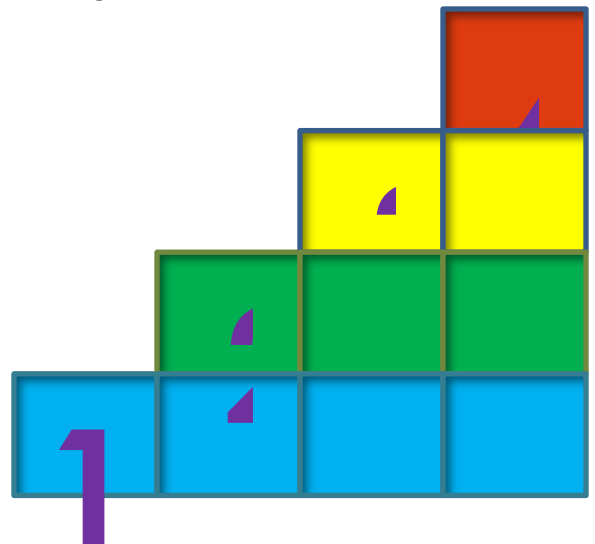
Help Me Grow – Long Island can offer numerous benefits to your practice:

- **Free, standardized developmental screening:** HMG-LI can work with your practice to provide standardized developmental screening to your young patients. This can include integration of screening at your site, or referral pathways to have children screened by a HMG-LI Family Resource Specialist
- **Compliance and Credit:** In addition to helping comply with developmental screening guidelines from the American Academy of Pediatrics, Bright Futures, and the Patient-Centered Medical Home, board-accredited physicians may be eligible for Maintenance of Certification credits
- **Care Coordination:** HMG-LI provides free, specialized care coordination for families of young children that you serve

Partnering with Help Me Grow – Long Island: A Win-Win-Win!

We want to work with you to improve developmental health outcomes for Long Island families. Collaborating with Help Me Grow – Long Island can be beneficial for the partnership, your practice, and the families you serve. There are four different “levels” of partnership, each building upon the other.

1. **Education:** HMG-LI provides developmental health promotion materials to be shared with families in the waiting room/exam room
2. **Training:** HMG-LI provides an in-service to staff about HMG-LI
3. **Referral:** HMG-LI works with your practice to establish a referral pathway
4. **Screening:** HMG-LI provides technical assistance to integrate screening into your practice (*MOC credit available for physicians accredited through both ABP and ABFM*)



Think one of these options can work for you
and the families you serve?

Reach out to Help Me Grow – Long Island Coordinator Melissa Passarelli at 631-662-3176 or Melissa@docsfortots.org!

To use Help Me Grow – Long Island:

- Call 2-1-1, select your language, then press 7 to be connected to Help Me Grow or Call (516) 548-8924 to speak to our Bilingual Family Resource Specialist directly!

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- Visit our website for a free developmental screen: www.helpmegrowny.org

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