

Help Me Grow[®]

NATIONAL FORUM 2018

Seattle, Washington

Nadine Burke Harris, MD MPH, FAAP

Forum 2018 Keynote Speaker



A pioneer in the field of medicine, pediatrician Dr. Nadine Burke Harris is a leader in the movement to transform how we respond to early childhood adversity and the resulting toxic stress that dramatically impacts our health and longevity. By exploring the science behind childhood adversity, she offers a new way to understand the adverse events that affect all of us throughout our lifetimes. As the founder/CEO of the Center for Youth Wellness, she has brought these scientific discoveries and her new approach to audiences at the Mayo Clinic, American Academy of Pediatrics, Google Zeitgeist and Dreamforce.

Nadine's TED Talk, "How childhood trauma affects health across a lifetime," has been viewed more than 3 million times. Her work has been profiled in the *New Yorker*, in Paul Tough's best-selling book, *How Children Succeed: Grit, Curiosity, and the Hidden Power of Character*, and in Jamie Redford's feature film, "Resilience". Dr. Burke Harris's work has also earned her the Arnold P. Gold Foundation Humanism in Medicine Award presented by the American Academy of Pediatrics and the Heinz Award for the Human Condition. Additionally, she serves as an expert advisor on the Too Small to Fail initiative to improve the lives of children, and on the American Academy of Pediatrics National Advisory Board For Screening. And finally, Dr. Burke Harris recently released a book on the issue of childhood adversity and health called "The Deepest Well: Healing the Long-Term Effects of Childhood Adversity".

Building Partnerships, Broadening Impact.

www.HelpMeGrowNational.org