

Help Me Grow National Center

The Help Me Grow National Center is part of Connecticut Children's Office for Community Child Health.



How Do You Identify: Multiple Approaches to Smart Needs-Identification

2017 Help Me Grow National Forum

St. Paul, Minnesota April 24-26, 2017

STRONG SYSTEMS.
CONNECTED COMMUNITIES.



Session Objectives

- Welcome and Introductions
- Level Setting Why we are here today National Center
- Identifying Family Needs HMG Alameda County Approach + Q&A
- Iowa's 1st Five Healthy Mental Development Initiative + Q&A
- Leveraging cooperation between the HMG Centralized Access Point and Mid-Level Developmental Assessment to ensure appropriate services for all children HMG San Joaquin Approach + Q&A





TODAY'S PANELISTS

REPRESENTING THREE ME GROW SYSTEMS FROM ACROSS THE NETWORK



FROM HMG ALAMEDA

Deborah Turner, PhD HMG Administrator First 5 Alameda County

Laura Otero, MA

HMG Services Program Coordinator
First 5 Alameda County



FROM HMG IOWA

Rebecca Goldsmith, MPH

1st Five Program Consultant

Iowa Department of Public Health

Jean C. Willard, MPH
Program Manager
Div of Child and Community Health
University of Iowa



FROM HMG SAN JOAQUIN

Tiffany P. Phovixay
Subsidized Child Care and 211
Program Manager
Family Resource and Referral Center
211 San Joaquin







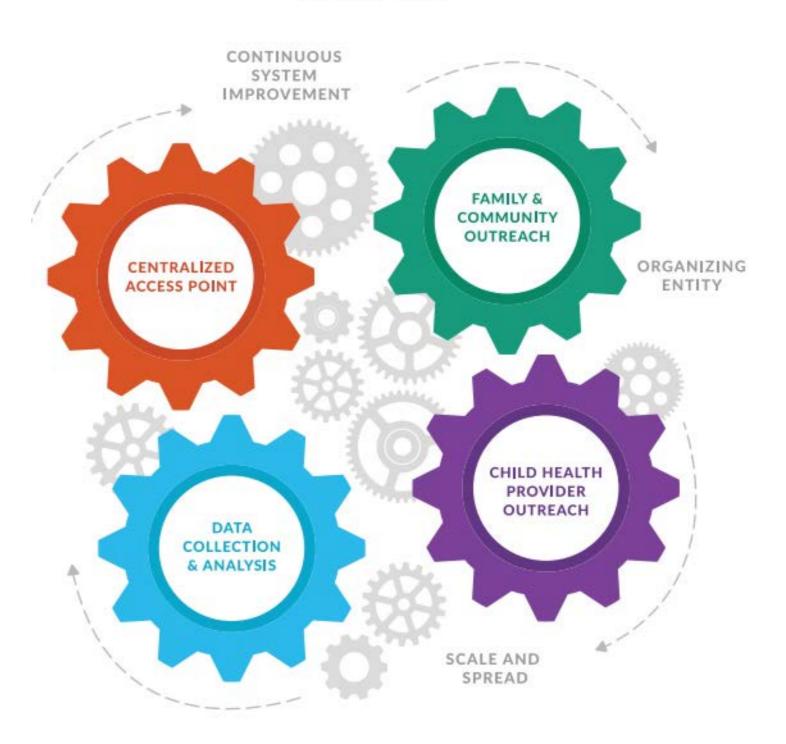
SYSTEM MODEL

NATIONAL CENTER OBJECTIVE

Identify key sets of strategies for integral *Help Me Grow* system model activities.

LEARNING FROM EXPERT SYSTEMS.

DISSEMINATING BEST PRACTICES.



"Smart Needs-Identification"

When needs are unclear



EXPERTS AGREE

Early detection and connection to services lead to the best outcomes for children with developmental or behavioral challenges.

The Help Me Grow system supports children, families, providers and communities in vital ways.

But — even though 12 to 16 percent of all American children experience developmental or behavioral problems — families and child health care, early care & education, and human service providers often struggle to recognize early signs of such concerns.

Centralized Access Point Care Coordinators, and the processes they follow, are the key.



"Smart Needs-Identification"

When needs are unclear



From Alameda...

Significant training and orientation, constant communication, a highly unified approach, continuous quality improvement work, and emphasized supervision.

From Iowa...

Triaging process through an enhanced care coordination tool to methodically classify and respond to families with advanced needs.

From San Joaquin...

Triaging process through call center Care Coordinator efforts, administration of ASQ, and Mid-Level Developmental Assessment.





Identifying Family Needs

Alameda County's Approach









Foundation



Anchored in a customer service/training/support framework







History

- Phone Line started in 2009 with one Care Coordinator
- Pilot program
- Embedded in an existing system
- Early intention to focus on "grey area" children
- "Clarifying Assessment" to provide a second look





Current Model



- Selection
- Training
- Initial Interview
- Continual Support and Review
- CQI





Selection

 Child development knowledge and experience

Knowledge of the service system

Approach to families

Want to work on the phone

Organized, curious, approachable









Training

- Phase 1- Learning our system
 - About a month, tailored to the individual
- Phase 2- Observing and Practicing
 - 1 to 2 months, reading, listening, role playing
- Phase 3- Supported Calls
 - 1 to 2 months, Answering initial calls with supervisor support, continuing to observe other staff, make follow-up calls
- Phase 4- On their own





Call Flow



- 79% of initial contact is through a referral
- Referral form (ASQ, MCHAT, medical records)
- Initial interview
 - Explaining HMG
 - Reviewing/identifying initial concerns
 - Developmental and behavioral status
 - Identifying family needs
 - Making referral decisions
- Follow-up





Supervision

- Review each referral and assign it
- Available for consultation
- Individual Supervision (Active Case Report)
- Weekly staff meetings
- Monthly "pod" meetings
- Case Closure Review





CQI

- Weekly report
- Regular system goal reviews
- Regular outcome reviews
- Other reviews
 - Referral patterns
 - Individual outcomes







Questions?



Betty YC Kathleen Lucy

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Deborah Turner deborah.turner@first5alameda.org



Healthy mental development in the first five years

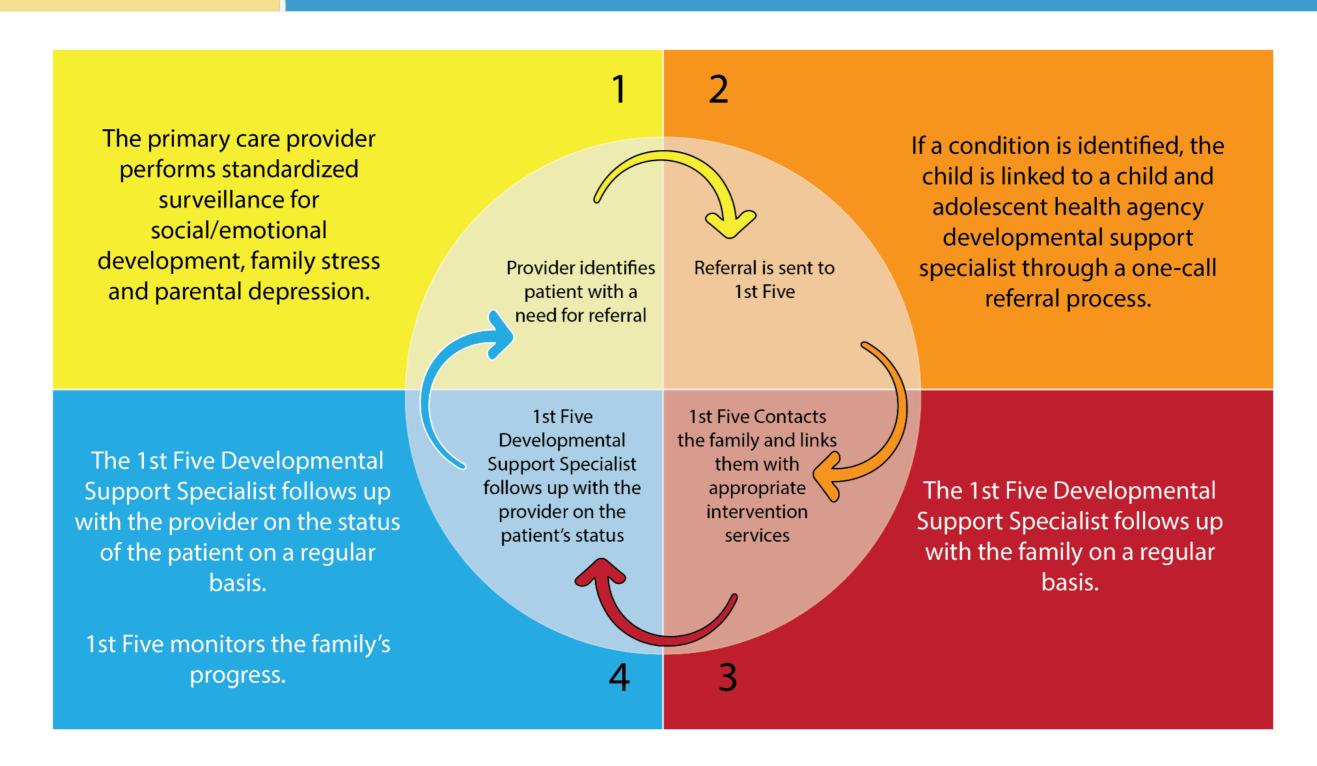
Iowa's 1st Five Healthy Mental Development Initiative (HMDI) Developmental Support Needs Identification

Rebecca Goldsmith, MPH 1st Five Program Consultant Iowa Department of Public Health

Jean Willard, MPH
Program Manager, Policy and Measurement
Division of Child and Community Health, Stead Family Department of Pediatrics, University of Iowa



1st Five HMDI: Program Model of Implementation



1st Five HMDI: Regionalized Service Areas



1st Five HMDI: Developmental Support Services-Personnel Requirements

Healthy mental development in the first five years

1st Five Site Coordinator:

- Must be a health professional with a bachelor's degree
 - health education, social work, counseling, nursing, sociology, family and consumer sciences, health and human development, individual and family studies, early childhood, psychology or other health-related fields
- Must spend a minimum of 40% percent time on infrastructure building activities
 - working with primary care practices
 - providing trainings and educating EPSDT providers and other community partners

1st Five HMDI: Developmental Support Services-Personnel Requirements

Healthy mental development in the first five years

1st Five Developmental Support Specialist(s):

- One or more individuals may serve as 1st Five Developmental Support Specialist(s)
- All individuals serving as a 1st Five Developmental Support Specialist must have one (1) of the following qualifications:
 - Registered Nurse; or
 - Health professional with a bachelor's degree or higher in health related areas
 - License Practical Nurse (LPN) or paraprofessional working under the direct supervision of the 1st Five Site Coordinator or CAH Project Director.

1. American Home Finding Association		10. Taylor County Public Health	San Print
333 Church Street – Ottumwa, IA 52501		405 Jefferson Street -Bedford, IA 50833	
Alesia Houser		Debra Simmonds	Carl 10
(641) 682-8784		(712) 427-0085	2 NO.
ahouser@ahfa.org		1stfive@taylorcountyhealth.com	100
2. Black Hawk County Health Department		11. Trinity Muscatine Public Health	
1407 Independence Ave - Waterloo, IA 50703	100	1609 Cedar Street - Muscatine, IA 52761	
Brandyce Frink	2116	Stephanie Balagna	
(319) 292-2213	A COM	(563) 263-0122	
bfrink@co.black-hawk.ia.us		stephanie.balaena@unitypoint.ore	
3. Crawford County Home Health, Hospice & Public Health	1	12. Visiting Nurse Association of Dubuque	
105 North Main Street - Denison, IA 51442		1454 Iowa Street – Dubuque, IA 52001	
Nikki Ahart		Sarah Herzog	100
(712) 263-3303	A 43	(563) 556-6200	and the second
hccms.1stfiveoroeram@email.com		sara.herzoe@unitypoint.ore	1.07
4. FAMILY, Inc.	Service.	13. Visiting Nurse Services of Iowa	
3501 Harry Langdon Blvd, Ste 150 -Council Bluffs, IA 51503		2910 Westown Pkwy, Ste 200 – WDM, IA 50266	44
Jenny Sharrick	63	Amber Schelling	14-30
(712) 256-9566 ext. 203		(515) 557-9007	1
jsharrick@familia.org	And a	ambers@vnsia.org	
Hawkeye Area Community Action Program, Inc.	MAR	14. Warren County Health Services	
1515 Hawkeye Drive – Hiawatha, IA 52233	THE R. L. L. L.	301 N. Buxton, Ste 203 – Indianola, IA 50125	4
Diana Strahan		Veronica McVay	
(319) 739-0601		(515) 961-1074	1
dstrahan@hacap.ore		veronicam@warrencountvia.ore	
6. Lee County Health Department		15. Webster County Health Department	0
2218 Avenue H – Fort Madison, IA 52627	96	723 1st Ave South – Fort Dodge, IA 50501	AHO
Jamie Beskow		Megan Sprecher	AL.
(319) 372-5225		(515) 573-4107	923
jbeskow@leecountyhd.org		msprecher@webstercountyia.org	
7. Marion County Public Health	-	16. MATURA Action Corporation	
2003 North Lincoln – Knoxville, IA 50138	San Carlo	210 Russell Street – Creston, IA 50801	
Stacy Haas	(3)	Brenda Comer	
(641) 828-2238 ext. 152		(641) 202-7114	
shaas@marionph.ore	13	bcomer@maturaia.ore	
8. Mid-lowa Community Action, Inc.		17. North Iowa Community Action Organization	THE WAY
226 SE 16th Street – Ames, IA 50010	Marie Control	100 1# NW, Ste 200 – Mason City, IA 50401	1 = 1 10
Megan Thompson (515) 232-9020 ext. 129	The same of	Mindi Watters (641) 530-0809	
meran.thomoson@micaonline.ore	SAN THE	mwatters@nicao-online.ore	API
		18. Washington County Public Health & Home Care	
9. New Opportunities, Inc. 23741 Hwy 30; PO Box 427	1	110 N. Iowa Ave Ste 300–Washington, IA 52353	6
Amber Schon	100	Roberta Sloat	A 40
(712) 792-9266 ext. 217	55/	(319) 653-7758	4-1
aschon@newoop.ore		rsloat@washph.com	
		CONTRACTOR OF STREET	100

1st Five HMDI: Developmental Support Services-Required Trainings

- **1.** Traumatic Stress on Brain Development
- 2. Post-Partum Depression
- **3.** Active Listening/Motivational Interviewing
- 4. Child Development and Attachment
- **5.** Working with Families Affected by Substance Abuse Disorders
- **6.** Working with Families Affected by Domestic Violence

- **7.** ASQ and ASQ:SE Developmental Screening Tools
- **8.** Title V Maternal Child Health online training modules
 - -CAH/EPSDT
 - -Informing
 - -Care Coordination
 - -IDPH data system
- **9.** Adverse Childhood Experiences Training Modules
- 10. Cultural Competency



1st Five HMDI: Developmental Support Services-Required Work Plan

Healthy mental development in the first five years

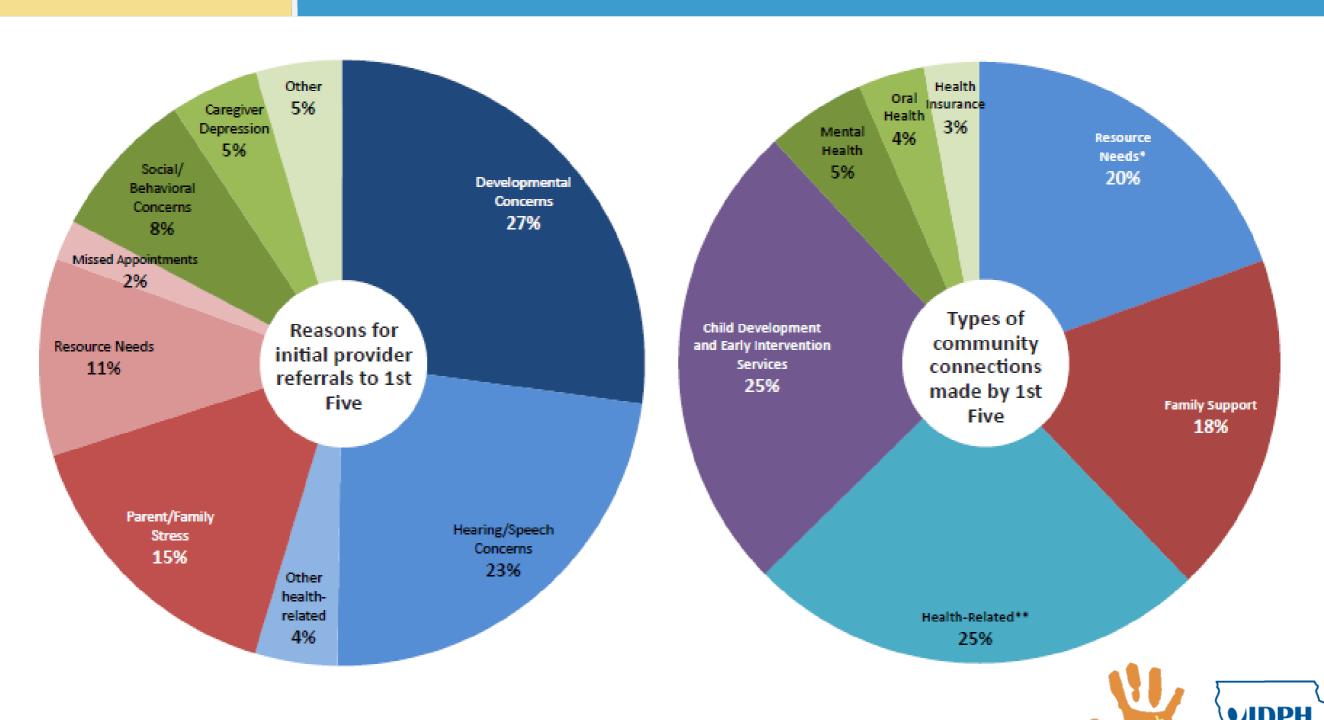
Goal 4: Provide developmental support services to families & provide feedback on referrals to PCPs

- Implement a referral and follow-up process with PCPs & partners
- Monitor the effectiveness and quality of the referral process and communication with PCPs
- Develop a local 1st Five developmental support protocol
- Use and/or develop a procedure for identifying and referring children with special health care needs

1st Five HMDI: Developmental Support Services-Program Intake Form

Client ID:		
1St Five Healthy Mental Development Initiative Client ID: participant ID: part		
Referral #		
1St Five Healthy Intake Form		
1St Five III Intake I Admission date: Admission date: Date In: Ethnicit	Country of origin	
Date in Date in Ethnoor	ity & Language Information To Not Hispanic Primary race	
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1st Five HMDI: Developmental Support Services-Evaluation



1st Five HMDI: Developmental Support Services-Barriers

- Lack of follow through from families
- Summer services
- Transportation
- Language
- Lack of local resources



Healthy mental development in the first five years

(The Iowa Algorithm)

1st Five and Children with Medical Complexity:

- May need services beyond the expertise of 1st Five developmental specialists
- How can we determine which families should be referred to Iowa's Title V CYSHCN program?





Healthy mental development in the first five years

Type of care coordination needed for CYSHCN complexity

Tier	Description	Type of Care Coordination
Tier 4: Critically complex	 Condition requires medical management from one or more specialists to maintain health. Frequent hospitalizations or visits to ER. Frequent consultations with or treatments from one or more specialist. 	Enhanced
Tier 3: Chronic and complex	 Regular physician visits beyond well-child appointments. Condition requires medical management from one or more specialists to maintain health. Periodic consultation with or treatment from one or more specialists. 	Enhanced
Tier 2: Chronic Conditions	 Condition is stable and the course of treatment predictable. Routine preventive care with PCP. May see specialist annually for consultation 	Standard/ Enhanced IF family, social circumstances present
Tier 1: Non-Chronic or At Risk	 No special health care needs. May have Medical, Behavioral, Developmental, Learning Concerns 	Standard





Healthy mental development in the first five years

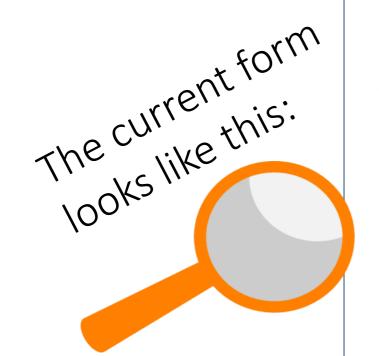
- Developed in 2013
- Designed to be completed during an intake process, e.g., by a care coordinator
- Based on Child and Adolescent Health Measurement Initiative (CAHMI) screening tool and methods
- One page, designed for quick and easy assessment
- Points assigned to questions, simple addition for scoring; 3 or more points indicates that child is or may be a CYSCHN



Bethell C and Robertson J. Summary of Methods to Define and Identifying Children with Complex Special Health Care Needs Using the CSHCN Screener. The Child and Adolescent Health Measurement Initiative. www.childhealthdata.org.



Healthy mental development in the first five years



	hild Name:	10da	y's date	
V	Vas child referred? No	Yes: Regional Center_		
THE IOW	A ENHANCED C	ARE COORDI	NATION TOOL	
Does your child currently than vitamins)?	need or use medicine prescri	ibed by a doctor (other	Yes ☐ Go to Question 1a No ☐ Go to Question 2	
1a. Is this because of A	ANY medical, behavioral or o	ther health condition?	Yes ☐ Go to Question 1b No ☐ Go to Question 2	
1b. Is this a condition months?	that has lasted or is expected	to last for <i>at least</i> 12	Yes No	1 Poir
The second secon	se more medical care, menta ost children of the same age		Yes \square Go to Question 2a No \square Go to Question 3	
2a. Is this because of A	ANY medical, behavioral or o	ther health condition?	Yes□ Go to Question 2b No □ Go to Question 3	
2b. Is this a condition months?	that has lasted or is expected	to last for <i>at least</i> 12	Yes No	1 Poir
Is your child limited or pre things most children of the	evented in any way in his or h same age can do?	ner ability to do the	Yes ☐ Go to Question 3a No ☐ Go to Question 4	
3a. Is this because of A	ANY medical, behavioral or o	ther health condition?	Yes ☐ Go to Question 3b No ☐ Go to Question 4	
3b. Is this a condition months?	that has lasted or is expected	to last for at least 12	Yes □ ■ ■ No □	3 Poin
4. Does your child need or ge speech therapy?	et special therapy, such as ph	ysical, occupational or	Yes ☐ Go to Question 4a No ☐ Go to Question 5	
4a. Is this because of A	ANY medical, behavioral or o	ther health condition?	Yes ☐ Go to Question 4b No ☐ Go to Question 5	
4b. Is this a condition months?	that has lasted or is expected	to last for at least 12	Yes No	1 Poir
	kind of emotional, developm e needs or gets treatment or		Yes ☐ Go to Question 5a No ☐Go to Question 6	
5a. Has this problem la	asted or is it expected to last	for at least 12 months?	Yes No	1 Poir
6. Supplement (do not read- there additional family or s require enhanced medical of	ocial circumstances that are		Yes No 🗆	2 Poin
isolation; or ACE factors suc		ousehold substance use	peaking proficiency, geographi problems, divorce, domestic	
* Score of 3 or	more above indicates child is	s eligible for enhanced o	*Total points (sum):	
		munity Health, University o		15



Division of Child and Community Health



Healthy mental development in the first five years

Prescription medication

More medical care, mental health or educational services

Limited in ability to do things

Special therapy, such as physical, occupational or speech therapy

Emotional, developmental or behavioral problem /needs treatment or counseling

Family or social circumstances that are present that may require enhanced medical coordination services?





Healthy mental development in the first five years

	Points
Prescription medication	1
More medical care, mental health or educational services	1
Limited in ability to do things	3
Special therapy, such as physical, occupational or speech therapy	1
Emotional, developmental or behavioral problem /needs treatment or counseling	1
Family or social circumstances that are present that may require enhanced medical coordination services?	2

If sum is 3 or greater, triage to CYSHCN program



Adapted, based on: Bethell C and Robertson J. Summary of Methods to Define and Identifying Children with Complex Special Health Care Needs Using the CSHCN Screener. The Child and Adolescent Health Measurement Initiative. www.childhealthdata.org.

Healthy mental development in the first five years

 Pilot tested in 2014-2015 with Iowa 1st Five Sites and Iowa's CYSHCN program Regional Centers (CHSC)



- October 2014

 April 2015
- 174 tools were completed at intake with 1st Five coordinators
- 20% of intakes were identified for referral (3 points or more)
- Agreement between CHSC and 1st Five staff that the tool was effective in identifying CYSHCN.





Healthy mental development in the first five years

About Child Health Specialty Clinics (CHSC), lowa's Title V program for CYSHCN

- 14 Regional Centers statewide
- Staffed with
 - Family Navigator (family-to-family support & resources)
 - Registered Nurse
 - Clerical staff
 - Most have an ARNP
 - Some have Social Workers



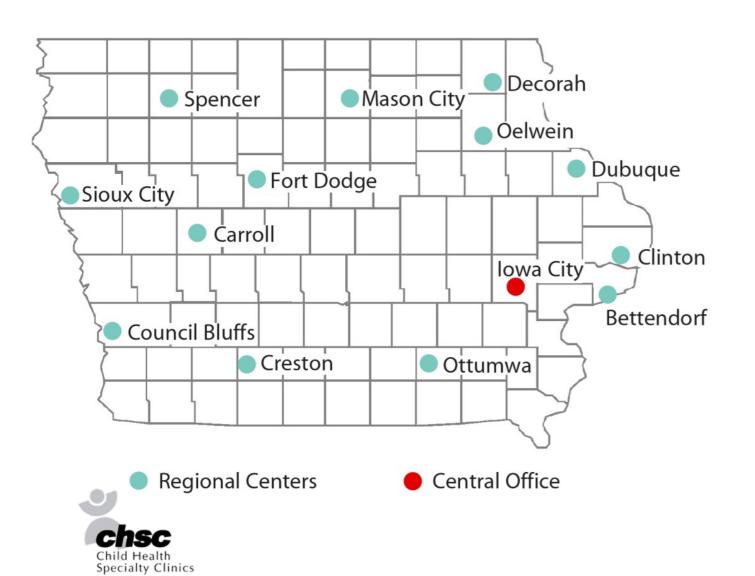




1st Five HMDI: The Iowa Enhanced Care Coordination Tool

Healthy mental development in the first five years

About Child Health Specialty Clinics (CHSC), lowa's Title V program for CYSHCN



Division of Child and Community Health

- Care Coordination
- Family-to-family support and problem solving
- Resource information
- Gap-filling clinical services

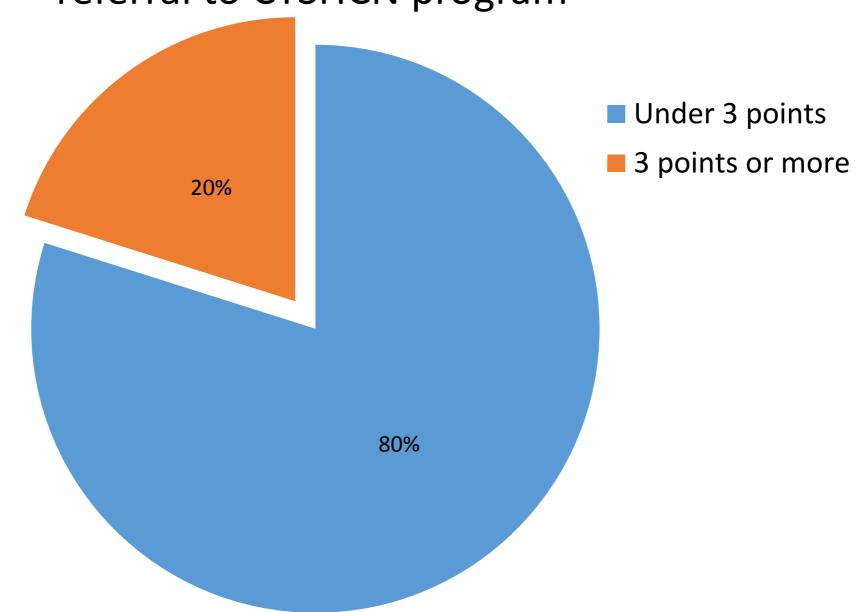


1st Five HMDI: The Iowa Enhanced Care Coordination Tool

Healthy mental development in the first five years



Division of Child and Community Health





1st Five HMDI: The Jowa Enhanced Care Coordination Tool

Healthy mental development in the first five years

Initial testing of the tool

 1st Five coordinators indicated that the tool was helpful, use and process of referral were easy



- Some coordinators believed the questions were invasive and/or referrals were unnecessary or confusing for families
- Some families were not connected with CHSC services: not referred by 1st Five, CHSC unable to contact, confusion with the referral process.



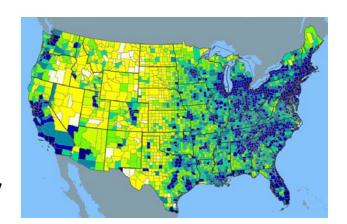


1st Five HMDI: The Iowa Enhanced Care Coordination Tool

Healthy mental development in the first five years

Additional Testing: Methods

- NSCH Data from 2011-2012
- Federally-administered population-based survey
- Used the CAHMI screener for identifying CYSHCN
- Social Circumstances: 2 points (total) for
 - ACEs score > 1
 - Language barrier





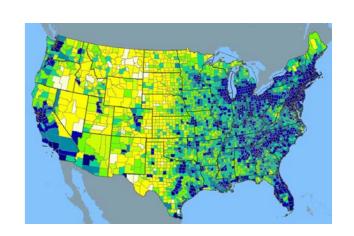


1st Five HMDI: The Jowa Enhanced Care Coordination Tool

Healthy mental development in the first five years

Additional Testing: Methods

- Applied our tool and scoring to the NSCH data
- Included all CAHMI screening items, scored as indicated on earlier slide
- Anyone who had 1 or more ACEs based on responses, or a language barrier received 2 additional points



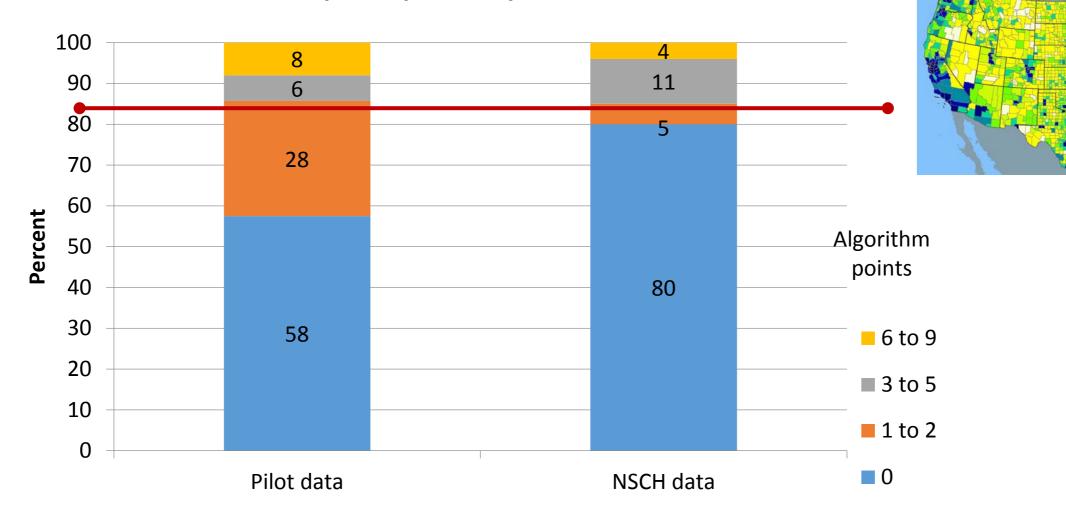




1st Five HMDI: The Iowa Enhanced Care Coordination Tool

Healthy mental development in the first five years

Pilot & NSCH data ~equally likely to have scores > 2





Higher needs were expected in the pilot group; they had already been referred to 1st Five for services due to concerns of PCP



1st Five HMDI: The Iowa Enhanced Care Coordination Tool

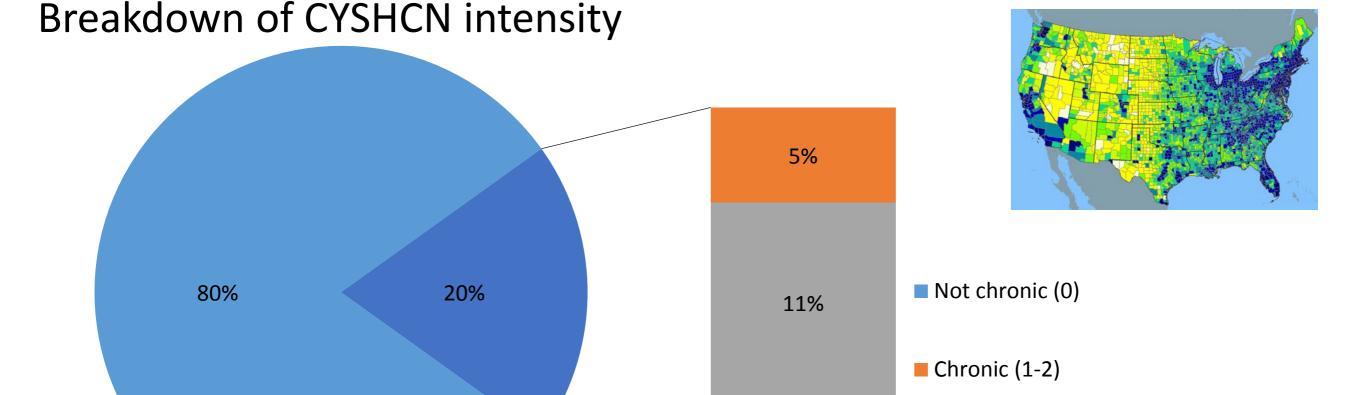
Healthy mental development in the first five years

4%

■ Chronic and complex

Critically complex (6-9)

(3-5)





2011/12 NSCH testing of algorithm, US child population



1st Five HMDI: QUESTIONS & CONTACT INFORMATION

Healthy mental development in the first five years

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Program Manager, Policy and Measurement Division of Child and Community Health, Stead Family Department of Pediatrics, University of Iowa







HOW DO YOU IDENTIFY:
MULTIPLE APPROACHES TO
SMART NEEDS-IDENTIFICATION

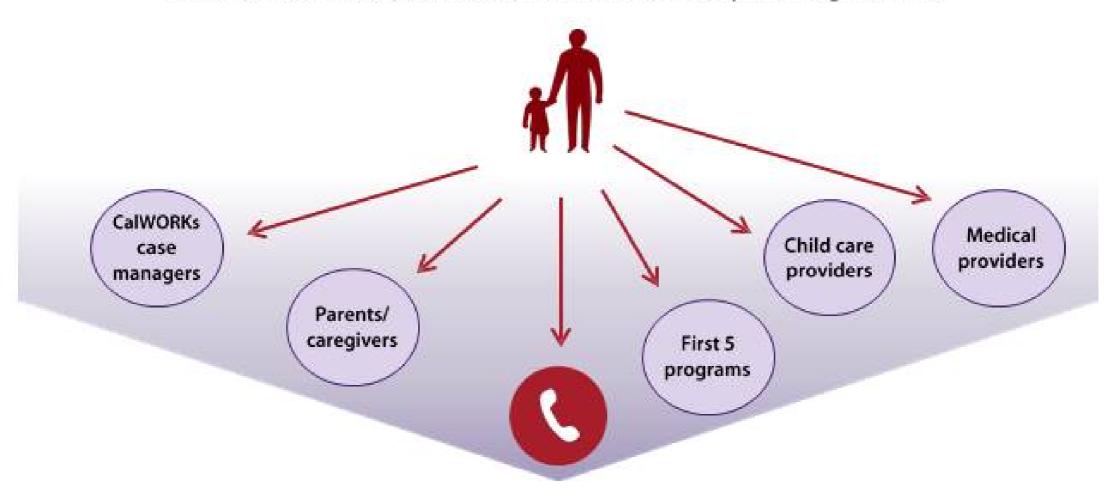
San Joaquin County, California

Help Me Grow National Forum April 2017



Overview of Help Me Grow in San Joaquin County

Families access the Help Me Grow call center either directly or through referrals.





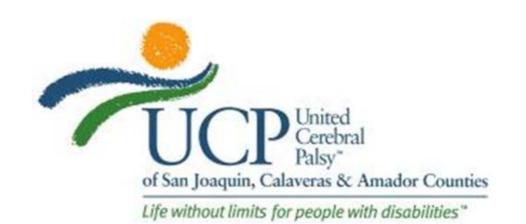


THREE AGENCIES PARTNER TO PROVIDE THE:



The Help Me Grow Call Center links families to needed services.





CALL CENTERS ARE A COORDINATED EFFORT

The first years of a child's life are critical to brain development, school success, and later life outcomes

If your child is under five years of age

Dial 2-1-1

To connect with the Help Me Grow Call Center about a FREE Ages and Stages Questionnaire to find out how your child is learning, growing, speaking and behaving for his/her age.

Learn about free or low cost early childhood programs in the community to boost your child's development













2-1-1, First 5 San Joaquin and Help Me Grow send consistent Messaging to our community

Emphasize a Common Agenda like Promotion of Protective Factors



When you dial 2-1-1, you can speak with trained HMG Child Development Specialists who can

- answer your questions about your child's development, learning and or behavior and connect you to services that support your child and you
- offer tips to help with problems or concerns
- find useful resources in your community to meet your needs
- coordinate with your child's health care provider so that everyone is on the same page



Promotion of Protective Factors

Parental Resilience

When a resource does not exist or has been exhausted.... "You mentioned your sister offered to bring you to the store earlier today. Is she someone you could ask to loan you money for diapers?"

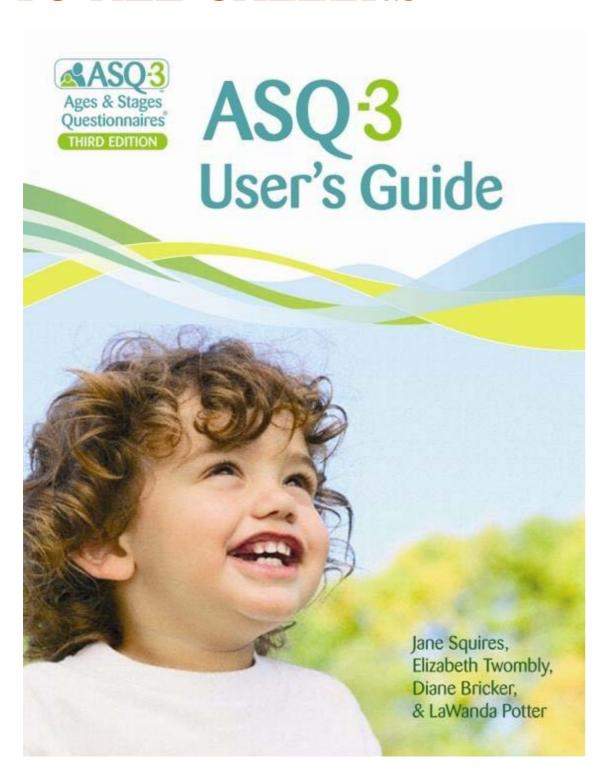
Social Connections

When a grandparent fostering a grandchild calls.... "Sounds like you may be feeling a little isolated and are wanting to connect with others in your situation."

Quality Control Tasks for Call Center Supervisors

- Call Monitoring and Remote Listening
- Mentoring/Coaching
- Call Management System Reports,
 Measures and Metrics
- Adherence to work schedules
- Database Reviews

Developmental Screening is offered to all callers





- o Ages and Stages Questionnaire 3
- Ages and Stages Questionnaire Social Emotional 2

SCREENINC

Screening Tools Are Used by the Help Me **Grow Call** Center to Determine if the Child Exhibits a **Need for** Concern or further Assessment

- Children with ASQ Scores in multiple Monitoring Zones or Below Cutoff may be referred from the HMG Call Center to Care Coordination*.
- Based on the ASQ Scores and initial interview with the family, Care Coordinators determines whether the child receives;
- o 1. Referral to mandated services
- o 2. MLDA (Assessment).
- Children may return to the Mid-Level Treatment Services Program* for their treatment services if they are not accepted by the mandated services program.
- *United Cerebral Palsy Great Beginnings Program

Children Are Referred to Care Coordination, Mid-Level Developmental Assessment and/or Treatment, and/or **Mandated** Services



MLDA tools include the following:

• Battelle Developmental Inventory – 2 (BDI-2), Beery-Buktencia Test, Carolina Curriculum, Early Intervention Developmental Profile, Infant/Toddler Sensory Profile, Miller Assessment, Peabody Developmental Motor Scale, Preschool Language Scale IV, Receptive Expressive Emergent Language Scale 3 (REEL-3), ASQ: SE2, a brief child health screen, Protective Factors Survey.

Mid-Level
Development
Assessment
(MLDA)
Tools Are Used
to Determine
Needs and the
Referral Level:
Mandated or
Community
Based Services

MLDA ADVANTAGES AND BENEFITS

Call Center
staff receive
support from
developmental
specialists for
assessment,
care
coordination
and referral.

Developmental
Specialists are
a bridge
between
programs with
highly technical
eligibility
criteria and
community
programs.

Medical and mandated service providers have improved access to community-based services.

MLDA brings new partners!

A COMMON DATABASE TRACKS SERVICES BETWEEN CALL CENTERS AND MLDA

HMG Client ID		Street Address		
Other ID		City		
alWORKs		▼ Zip Code		
-1-1 Case Number		Parent Phone		
hild First Name		Parent Email		
hild Last Name		Learned about HMG/GB Fron	n	~
hild Date of Birth		Date of Initial Contact		
hild Ethnicity		Reason for Contact		~
hild Language		∨ Contact Type		~
arent First Name		Contact Relation		~
arent Last Name		Call Ctr Referral Reason(s)		~
arent Type		▼ Referral Location(s)		
arent Ethnicity		▼ Referral Status		~
arent Language		Services Received		~
	Check all	l that	Developmental Developmental Svc. for Dev. De Vision Screen Hearing Screen None Unknown	Screen lay/Disability

 Upon completion of mid-level developmental treatment services families are once again referred to the 2-1-1/Help Me Grow Call Centers for possible referral to community or school based programs. This was added to the overall process because as children grow from 18 months to five years of age their eligibility for a variety of services changes quickly. The closing referral to the Help Me Grow Call Center allows the family an opportunity to receive a supported referral to a next level of services that the child may benefit from, such as preschool.

Identified
Children
Receive
Developmental
Treatment
Services and
are Referred
Back to the
Help Me Grow
Call Center

SERVICES

QUESTIONS?

For more information, contact us:
Tiffany Phovixay at tphovixay@frrcsj.org
and Kelly Mraz at kmraz@sjgov.org

