

Help Me Grow[®]

NATIONAL NETWORK

IOWA



PLANNING & IMPLEMENTATION STATUS

Iowa has been a *Help Me Grow* affiliate for five years, operating through the 1st Five Healthy Mental Development Initiative. Our initiative focuses on targeted elements of the statewide early childhood infrastructure, covering 65 of Iowa's 99 counties. Forty-nine counties engaged in the 1st Five initiative are currently in implementation phase of *HMG*, with full capacity to conduct care coordination activities through physician referrals. Sixteen counties coordinating the initiative are in their first year of the project, building community infrastructure. The *HMG* /1st Five system is currently supporting the following activities

Medical Consultation University of Iowa Child Health Specialty Clinics (CHSC) has identified a team of healthcare provider champions to work with local sites to provide peer-to-peer support to enhance skills and competencies of medical providers and professionals to improve the 1st Five model.

Evaluation Child and Family Policy Center (CFPC) conducts annual evaluation gathering qualitative and quantitative data on three areas of process, outcomes and lessons learned.

Child Health Metrics CHSC, CFPC and the Iowa Department of Public Health collaborate on developing, piloting, measuring and refining child health metrics

E-Health CHSC is developing telehealth infrastructure for provider consultation, service delivery, and family support for the 1st Five and home visitation programs

OUR HMG SYSTEM

1st Five is a public-private partnership bridging primary care and public health services in Iowa. The 1st Five model supports health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth through five years old and coordinates referrals, interventions and follow-up. 1st Five promotes the use of standardized developmental screening and surveillance tools that support healthy mental development for young children during the first five years.

HELP ME GROW CORE COMPONENTS

Child Health Provider Outreach

- 1st Five Model, provider referrals
- support for recommended developmental surveillance & screening standards
- build and maintain capacity for referrals
- contract with University of Iowa CHSC for peer-to-peer medical consultation

Family and Community Outreach

- community resource referral guides
- convene community-based trainings
- expand outreach messages to key target audiences

Centralized Phone Access Point

- regionalized with local 1st Five Sites
- intake can also be arranged through Iowa Family Support Network's coordinated intake system

Data Collection & Analysis

- collection of data regarding needs and services of children
- evaluation contract with Child & Family Policy Center

IMPLEMENTATION OF HMG

65 out of 99 counties in Iowa; 14 Title V Child Health Agencies out of 24 Title V regions in Iowa

FAST FACTS

AFFILIATE SINCE
2011

PROGRAM MANAGERS

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ORGANIZING ENTITY / LEAD AGENCY
**Iowa Department of Public Health,
Bureau of Family Health**

WEBSITE
idph.iowa.gov/1stfive

HMG CALL CENTER
800-383-3826

FUNDING SOURCES
\$2,198,828 (a \$570,000 increase from SFY15)
\$1,099,413 eligible in Federal Medicaid Match for Infrastructure Building Activities

ADVANCING

Developmental Promotion, Early Detection & Linkage to Services