

The Third Annual National *Help Me Grow* Forum
Thursday, May 3, 2012
2:00 PM – 2:30 PM

***Help Me Grow* Maintenance of Certification Introduction**

What is Maintenance of Certification?

Overview

The American Board of Pediatrics (ABP) recognizes the efforts of board certified pediatricians who imbed quality improvement in their day-to-day practice of medicine. As part of Maintenance of Certification (MOC), quality improvement (QI) projects that meet standards set by the ABP can apply for approval by the ABP. If the QI project is approved, physician participants are eligible for credit toward maintenance of their ABP certification.

MOC consists of four primary parts, and pediatricians need to complete all of them every 7 years:

- Part 1: Evidence of professional standing
- Part 2: Evidence of lifelong learning and self-assessment
- Part 3: Evidence of cognitive expertise
- **Part 4: Evidence of satisfactory performance in practice (pediatricians need to complete 2 activities in this area in each recertification cycle)**

Help Me Grow National Center, in collaboration with the Child Health and Development Institute of Connecticut and Connecticut Children's Medical Center's Office of Continuing Medical Education, has developed a new **American Board of Pediatrics approved, Part 4 Credit Quality Improvement Project** for primary care practices interested in evaluating their practices of developmental surveillance, developmental screening, and using ***Help Me Grow*** to connect young children to intervention services.

***Help Me Grow* MOC Project Description**

The American Academy of Pediatrics recommends developmental surveillance at all of the 14 recommended well-child visits for children birth through age five. The AAP also recommends developmental screening with a standardized tool at the 9, 18 and 30 (or 24) month visits. *Help Me Grow* National Center, the Child Health and Development Institute of Connecticut and Connecticut Children's Medical Center's Office of Continuing Medical Education have collaborated to offer an **American Board of Pediatrics-approved, Part 4 Credit Quality Improvement Project** for primary care practices interested in evaluating their practices of developmental surveillance, developmental screening, and connecting children to evaluation and intervention services using *Help Me Grow*.

The ***Help Me Grow* Quality Improvement Project** is a chart-audit based quality improvement project. Participating primary care practices collect 6 months of chart audit data and enter the data into an online database. **No patient identification information is included in the data submission.** Participating providers review monthly progress reports and participate in quality improvement activities with the goal of improving identification of children at risk for poor developmental outcomes and using *Help Me Grow* to connect families with evaluation and intervention services.

Frequently Asked Questions

1) Which practices are eligible to participate?

- Primary care practices located in a state that is part of the *Help Me Grow* National Network are eligible to participate.
- We strongly recommend that practices receive training on using *Help Me Grow* to connect children to services prior to participating in this project. Contact your state *Help Me Grow* program to arrange training for your practice.

2) What is the estimated time commitment for this project?

- Each month, participating practices review up to 20 charts. Depending on whether the practice has an electronic medical record system, identifying eligible patients and pulling the charts may take approximately 15 minutes to 1 hour total. Reviewing the charts should take between 2-5 minutes per chart. Entering and reviewing the chart audit data into the online database should take about 30 minutes total. So, the approximate monthly time commitment is 2-3 hours.

3) What types of support do you offer to participating practices?

- The project manager, Laura Chandhok, is available for phone or email consultation with participating practices.

4) Who gets credit for participating?

- This project is practice-based. Any physician in a participating practice may receive credit for participating in this project. Physicians in a participating practice may also choose not to register, and not to receive credit.
- **For Maintenance of Certification Part 4 Credit to be awarded, all of following must be fulfilled:**
 - Physician name(s) must be listed on the registration form
 - Registration fee (\$50 per physician) must be paid to Connecticut Children's Medical Center
 - Practice must submit six (6) months of chart audit data and six (6) monthly data submission forms
 - Participating physician(s) must regularly review the monthly progress report and engage in practice quality improvement activities

5) How much does it cost to participate?

- Connecticut Children's Medical Center charges a registration fee of \$50 per participating physician.

6) What do *Help Me Grow* affiliates need to do to support practices in participating in this MOC activity?

- Identify state-specific resources to include in the database. You will work with Sara Sibley to ensure that your resources are included in the data base for pediatricians in your state.
- Provide training to pediatric practices with information on surveillance, screening and using *Help Me Grow* to connect children to needed services.
- Promote the MOC QI project to pediatric practices in your state
 - At physician outreach visits
 - On your website

7) How do practices sign up?

- States will work with Sara Sibley to set-up their custom database and registration form. Once initial set-up is complete, Physicians will be able to download the online registration form from the *Help Me Grow* National Website: www.HelpMeGrowNational.org . The registration form includes instructions for registering & submitting the registration fee. As soon as the practice's registration has been confirmed, instructions for participating in the project will be sent to them via email.

Additional Information

Additional information about ABP MOC is available on the ABP Web site at www.abp.org. Click on the Maintenance of Certification tab at the top of the page. For questions or additional information about the *Help Me Grow* MOC, please contact Sara Sibley (smartel@connecticutchildrens.org).