



KIDS WHO COUNT AND HELP ME GROW FAMILY EVENT

JANUARY 26th, 4-6:30PM

Master Items List for Family Event

Welcoming Table

- Janae's Arch
- Pens
- Photo release stickers
- Photo Release Forms
- ASQs (Spanish and English)
- HMG Folders
- First Aid Kit – (KWC)

Parent Table

- KWC brochures on groups/classes
- WB flyers/other agencies

ASQ Tables

- ASQs
- Pens
- Enrollment Forms
- Parent Handouts
- Chairs

Volunteers

- Assignment descriptions
- Name Tags (white)
- Permanent Markers

Set up:

- A-frames (11)
- Banners
- Mats
- Tables (6)
- Book Rack

Ball Area:

Parachute Play

- Parachute Small (Stephanie)
- Various sized balls

Belly Roll

- Yoga balls

Ball Target Practice

- Balls
- Targets (1)
- Electrical Tape/Duct Tape
- Thumbtacks

Obstacle Course

- Wagons
- Cones
- Ladders, Balance Beams (KWC)
- Hula Hoops

Block Area:

Piggy's Brick House

- Brick Blocks
- Mats
- 3 little pigs book

Unit Blocks and Tangrams

- Unit Blocks
- Tangrams
- Community Helper Dolls
- Mat

Foam Blocks

- Foam Blocks
- Community Helper Dolls
- Mats

Book Area:

Reading Fort

- Pillows
- Blankets
- Books
- Puppets
- Table

Spilt Milk Book Making

- Spilt Milk Book
- Cardstock Paper
- Bio-degradable packing peanuts
- Markers

Younger area:

Mats

Blocks Town

- Big box blocks
- Pictures of structures

Pools with Packing Peanuts

Small obstacle course

Parachute play for younger kids

- blankets
- cloth balls to roll around

Belly Ball Roll

The purpose of this event is to give parents the opportunity have fun and play with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Yoga Balls, blindfold (optional)

Activity Information

1. With each new group always demonstrate the activity for the children.
2. Have a child lay on a yoga ball belly down. The parent, you or another available adult will hold the child securely around the waist.
3. Roll the child to the front until their hands touch the ground. Then roll them to the back until their feet touch the ground. You can also roll them to the right or left so both their feet and hands on one side touch the ground.
4. The child should give direction to the parent or volunteer about how much help they want with balancing on the ball.
5. Talk to the child and have him or her explain what they're feeling as they do this activity.
6. Possible variations include: use two yoga balls to balance on, lying on your back, using a blindfold or having two children balance at the same time on different balls.
7. This play helps development in the following ways:
 - a. Trust in others
 - b. Gross motor skills
 - c. Proprioception
8. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

Volunteer Write-Ups
 Help Me Grow Utah | helpmegrowutah.com
 Kami Orr | kamio@unitedwayuc.org | 801.691.5359

Book Making

The purpose of this event is to give parents the opportunity have fun and play with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Book: It Looked Like Spilt Milk, packing peanuts, cardstock, markers

Activity Information

1. With each new group always demonstrate the activity for the children.
2. Read the book It Looked Like Spilt Milk to the children. Ask them questions while you read, see if they can guess the shape of the cloud.
3. Once you've read the book, show them that you'll be making clouds with the packing peanuts.
4. First have the child write their name on the paper.
5. Show them how to moisten one side of the packing peanut so that it sticks to the paper. The children can either lick the packing peanut or use a sponge and water to moisten it.
6. Have them create a cloud with the peanuts and then describe what shape the cloud is in.
7. This play helps development in the following ways:
 - a. Fine motor development
 - b. Reading comprehension
 - c. Imagination
8. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

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Ball Target Practice

The purpose of this event is to give parents the opportunity to play and have fun with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Wall, targets, balls

Activity Information

1. With each new group always demonstrate the activity for the children.
2. Instruct the children to stand on the taped line about 3-5 feet away from the target.
3. Ask the child to identify what they want to hit with the ball. Then have them throw the ball toward that object.
4. If they hit the object, have the child move back a step or two and try again. When they hit the object have them keep moving back a little bit more.
5. If a child is having a difficult time hitting the target have them hold the ball as if they're ready to throw it, then have them look at the target, then at the ball in their hand, then at the target again and throw it. This helps to teach them hand-eye coordination.
6. This play helps development in the following ways:
 - a. Depth perception
 - b. Hand-eye coordination
 - c. Gross motor skills
7. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

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Piggy's Brick House

The purpose of this event is to give parents the opportunity to play and have fun with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Brick blocks, 3 Little Pigs story board

Activity Information

1. Place blocks on the mat and allow children to imagine and build any structure they would like. There will be a variety of sizes and shapes of boxes that will allow some unusual structures.
2. Encourage interactive play with other children and parents. Pair up a few children and have them discuss what they would like to build, and then begin using all the different shaped boxes to make the structure.
3. Have the parents help through encouragement, but allow the children to experiment with differences in stacking and balancing.
4. Once the structure is completed ask questions about the building and ask the children to tell a story about the building.
5. This play helps development in the following ways:
 - a. Understanding parts and whole
 - b. Differentiation of shapes and sizes
 - c. Team work
 - d. Imagination and planning
6. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

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Block Town (ages 0-12 mo)

The purpose of this event is to give parents the opportunity to play and have fun with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Brick blocks

Activity Information

1. Place blocks on the mat and allow children to imagine and build any structure they would like. There will be a variety of sizes and shapes of boxes that will allow some unusual structures to be made.
2. Encourage interactive play with other children and parents. Pair up a few children and have them discuss what they would like to build, and then begin using all the different shaped boxes to make the structure.
3. Have the parents help through encouragement, but allow the children to experiment with differences in stacking and balancing.
4. This play helps development in the following ways:
 - a. Understanding parts and whole
 - b. Differentiation of shapes and sizes
 - c. Team work
 - d. Imagination and planning
5. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

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Unit Blocks

The purpose of this event is to give parents the opportunity to play and have fun with their children while learning about child development. Parents rotate through various activity stations to glean ideas of developmental activities they can do in the home. We also provide a developmental screening tool that teaches typical and normal child development to parents as they complete it. Your activity will be a fun and educational experience! Enjoy!

Item List: Unit blocks, community helper dolls

Activity Information

1. With each new group always demonstrate the activity for the children with the other adults.
2. Have children sit on the mat and then remove the blocks from the buckets
3. Encourage children to play by talking and playing with the blocks to encourage their participation.
4. Have children do all the following: carrying, sorting, stacking, knocking down and cleaning up. All of these activities encourage learning about the following: weight, mass, size, developing sets, sorting, counting, cause and effect, force, observation, and following instructions.
5. This play helps development in the following ways:
 - a. Problem solving
 - b. Fine motor development
 - c. Spatial awareness
 - d. Cause and effect
 - e. Math skills
6. HAVE FUN!! You get to be a kid again! Thank you for volunteering!!

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Volunteer Training (15 min)

The **purpose** of the event: Parent Education – Education: one of the 3 main areas of focus at UW. Engage the parents in the activities. Direct them to the **parent table** for more information.

The **basic layout** of this event is as follows: the children will play at each station under your direction and the direction of their parents. Encourage the children to be creative, but let them do what they feel like doing. Appropriate developmental play includes letting the children do what they feel like.

Watch the children in your area, they will be distracted and it's okay. Part of development is to let children direct their own play. Try your best to keep tabs on them. If you see a child who is not with their parent, let a HMG worker know.

In the unlikely case of **emergency**, please exit through the doors and exit out the main exit into the parking lot. Please help us to make sure that all of the families and children are able to exit.

Bathrooms are located _____ **Please find a representative from Help Me Grow** to direct you to the correct area and to take over for your volunteer assignment while you're gone.

Go to your area and a Help Me Grow rep will come to review the specifics of your activity area with you.

ASQ Table Training:

1. Score ASQ –
2. Go over results with parent
3. Tell the parent individually about HMG and the resources they might be interested based on the ASQ Results. Have them complete an enrollment form
4. Indicate on the enrollment form the outcome of your conversation with the parent– if they were interested in continuing with HMG or not, if you gave ASQ results, any resources you gave them information for or need to give information for.