

Developmental Screening & Your Child

- As a parent, you may have worries or questions about how your child is behaving, learning and developing.
- **Completing the Ages & Stages Questionnaire (ASQ) for your child age 1mo-5yrs is a great way to learn about their development.**
- ASQ results help you and your doctor determine if your child might need extra support.
- Answer the screening questions the best you can. If you need help, you can ask your doctor or staff.



A screening is a quick check of your child's development. It is not a formal evaluation.

All children develop differently.
Understanding how to support your child's development
will help your child get the best start in life.



Help Me Grow
Alameda County

PEDIATRIC STRATEGIES

Referral to Help Me Grow



Help Me Grow Linkage Line
(888) 510-1211



Help Me Grow
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- It is important for you to discuss your child's behavior, learning and development with your child's doctor.
- **If there are concerns or questions, your child's doctor might refer you, with your permission, to the Help Me Grow Linkage Line.**
- Staff will contact you by phone. They will work with you to determine the next steps for your child and family.
- It is important to follow up on referrals and recommendations as much as possible. Acting early can make a real difference!

Help Me Grow connects families to local resources for children's growth & wellbeing