

DIRECTORY

CAFFÈ

Need to find services to help your child?

Call **2-1-1**



Dialing 2-1-1 connects you with **HELP ME GROW**, a free service linking parents to the programs and resources they need.

Dialing 2-1-1 can be life changing.

Free help. Fast.



AN AFFILIATE OF THE UNIVERSITY OF MICHIGAN  
SCHOOL OF PUBLIC HEALTH

