

A young child with dark skin and braided hair adorned with colorful flower-shaped hair clips (pink, orange, purple, white) is smiling and looking towards the right. The child is wearing a light pink short-sleeved shirt. An adult's hands are visible, holding the child's hands. The background is blurred, showing other people in a group setting.

# Integrating *Help Me Grow* with *CenteringPregnancy*<sup>®</sup> and *CenterParenting*<sup>®</sup> Group Care Models

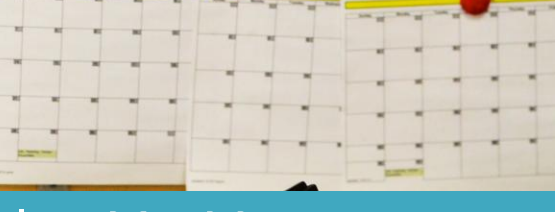
Help Me Grow National Forum  
May 24, 2016  
Greenville, SC

John Craine, MS, MBA  
Regional Director

Centering<sup>®</sup>  
Healthcare  
INSTITUTE



**BOSOM  
BUDDIES  
BREASTFEEDING  
CLUB**



Welcome  
to  
Centering!





# THE FUTURE OF PRENATAL CARE

# What is Centering?



Health  
Assessment

Interactive  
Learning


Community  
Building

Health  
assessment  
happens in the  
group space





Patients  
engage in self-  
care activities

A group of people, including a man holding a baby, are sitting in a circle in a room. The room has exercise balls (red, green, blue) and a large TV screen in the background. A purple circle is overlaid on the image with white text.


Groups are  
conducted in a  
circle



DISAGREE  
ESTOY EN  
DESACUERDO



AGREE  
ESTOY DE  
ACUERDO



Each session  
has a plan, but  
emphasis may  
vary





Groups are  
facilitated to  
be interactive



Group size is  
optimal for  
interaction

Group members are consistent



A group of men and babies are sitting on a colorful patterned mat in a room. The mat has a repeating pattern of small, colorful circles in shades of pink, orange, and yellow. Several babies are lying on the mat, some in white onesies and one in a red onesie. Two men are sitting on the mat, facing each other and talking. One man is wearing a light green sweater and blue jeans, and the other is wearing a grey sweater and khaki pants. In the background, other people are standing and watching. A purple circle is overlaid on the image, containing the text "There is time for socializing".

There is time  
for socializing



There is  
ongoing  
evaluation

# Centering Models of Care

CenteringPregnancy®

family-centered  
prenatal care

CenteringParenting®

family-centered  
well child care

# CenteringPregnancy

20 Hours  
of support

10 group visits beginning  
at 2<sup>nd</sup> trimester

90 - 120 minute sessions

8-12 women per group +  
family support

Structure curriculum  
adheres to ACOG  
guidelines

# Centering Parenting

18 Hours  
of support

9 group visits beginning  
at birth and extending  
over 24 months

90 - 120 minute sessions

6-8 family units per  
group

Structured curriculum  
adheres to AAP Bright  
Futures

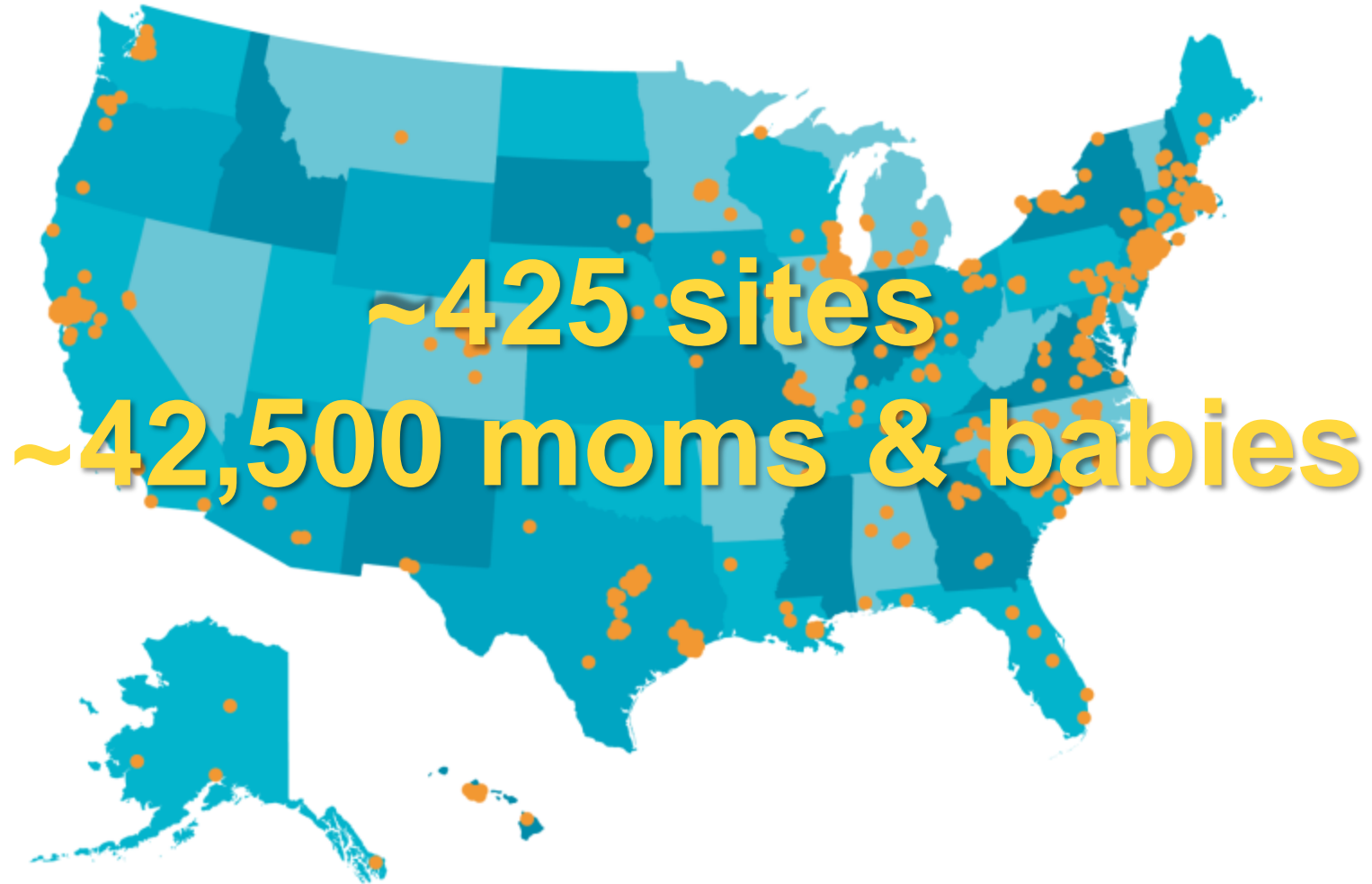


# Integrating Help Me Grow and Centering



# Centering®

# Who is Centering?

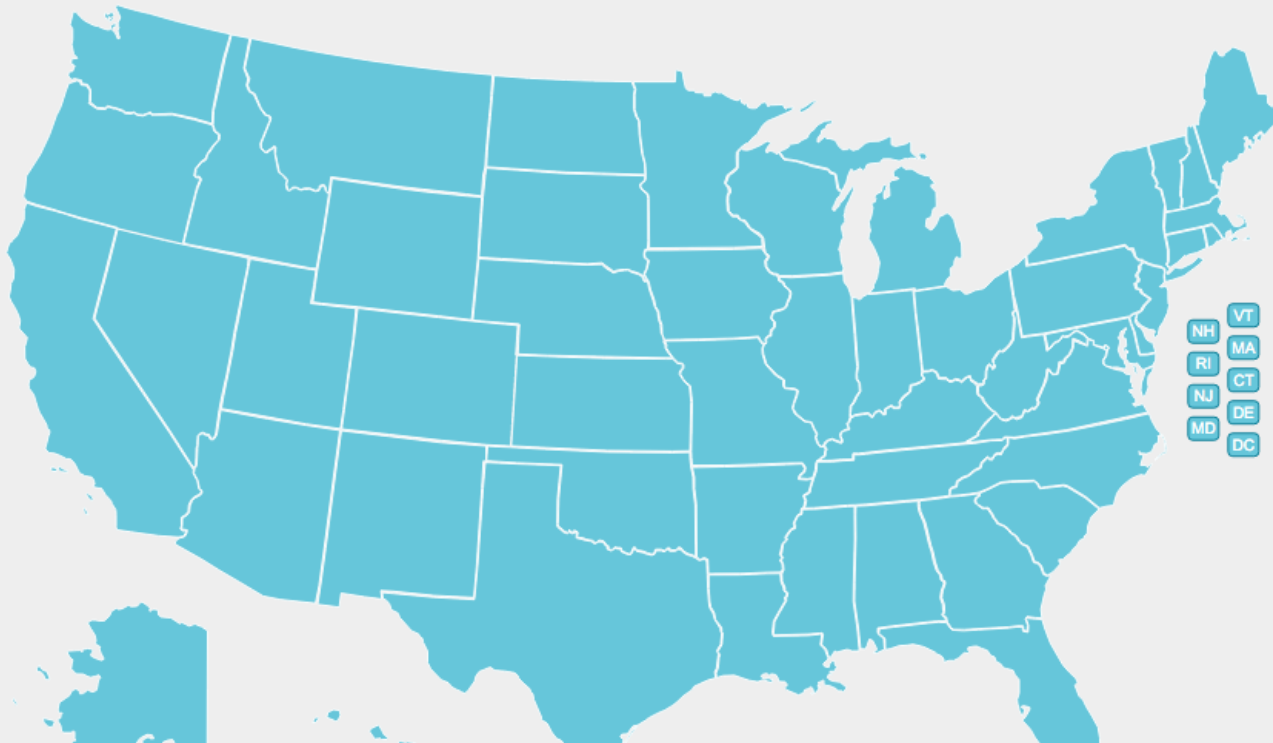


# Finding Centering Practices

## Locate Centering Sites

South Carolina (SC)

CenteringPregnancy sites: 14  
CenteringParenting sites: 1



# Finding Centering Practices

[Locations](#) [News & Events](#) [CenteringConnects](#) [Store](#) [Workshops](#) [Q](#)



[WHAT WE DO](#) [WHY CENTERING?](#) [ABOUT US](#)

Is your practice ready for Centering?

[Start Centering](#)

## Lexington Women's Care

2728 Sunset Boulevard LMP 1 Suite 201  
West Columbia, SC 29169  
CenteringPregnancy

## MountainView OB-GYN - Baptist Easley Hospital

Palmetto Health  
1351 Crestview Road  
Easley, SC 29640  
CenteringPregnancy  
**Approved**

## North Central Family Medical Center

1131 Saluda St.  
Rock Hill, SC 29731  
CenteringPregnancy

## Palmetto Women's Healthcare

50 E. Hospital Street  
Manning, SC 29102  
CenteringPregnancy

## University Specialty Clinics - OBGYN

Two Medical Park Ste 208  
Columbia, SC 29203

## Montgomery Center Family Medicine

155 Academy Ave  
Greenwood, SC 29646  
CenteringPregnancy  
**Approved**

## MUSC Women's Health at Cannon

135 Cannon Street  
Charleston, SC 29425  
CenteringPregnancy  
**Approved**

## OB-GYN Center of Greenville Health System

Greenville Health System  
1120 Grove Road  
Greenville, SC 29605  
CenteringPregnancy  
**Approved**

## Sumter OB-GYN

115 North Sumter Street, Suite 110  
Sumter, SC 29150  
CenteringPregnancy  
**Approved**

# Centering Healthcare Institute

- Implementation support and consulting for organizational systems change
- Facilitation training for clinical providers in the essential skills needed to provide effective group care
- Curriculum materials and supplies that support the providers and their patients
- Practice Management and quality assurance tools to ensure fidelity to the models
- Accreditation for sites that meet our quality standards (Site Approval)

# Centering Implementation Support

- Internal Practice Services Support Team trained in public health
- External field staff of Advanced Practice Nurses



# Facilitation Training Workshops

- Basic facilitation workshop – required
- Advanced facilitation workshop
- Certified Centering Trainer



# Curriculum and Support Materials





# Practice Management / QA Tools

Website | Store | Forum

Centering®

DASHBOARD

MANAGE GROUPS

PRACTICE INFO

ANNUAL REPORT

VIEW REPORTS

Search

JOHN SMITH  
23 Dec 2014, 12:11 pm

Notifications, Settings, Logout

## BOSTON MEDICAL CENTER DASHBOARD

### PRACTICE INFORMATION

Site license # **CHI23516**

Site Approval Status - **Approved**

Site license expiration date **02/12/2016**

*If Approved, Continued Approval Report Due Date 02/10/2016*

Implementation Plan active through (01/2/2016)

CHI Practice Services Manager



**ANDREW JEREMIAH**

415 555 2671, andrewjeremiah@domain.com

CHI Consultant

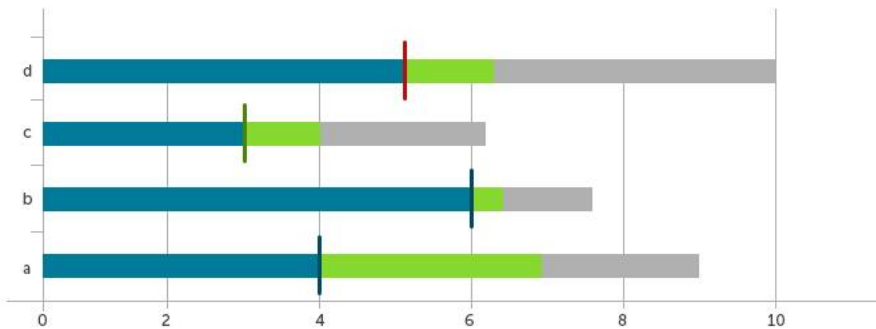


**MAXWELL CRUSE**

215 553 2451, maxwell986@domain.com

### QUALITY MEASURES

CenteringPregnancy | CenteringParenting



Legends: Baseline (blue), Actual (green), Goal (grey)

### FEATURED NEWS

[CENTERING Healthcare Institute announces Angle Truesdale as CEO](#)

BOSTON -- (July 2, 2015) CENTERING Healthcare Institute (CHI) is pleased to announce that the Ohio Department of Health (ODH)

[CenteringPregnancy](#)

<http://centeringhealthcare.org/featurednews.pdf>

[CENTERING - HealthCare Innovation](#)

<https://vimeo.com/98012149>



### CENTERINGCONNECTS™

[CenteringParenting@](#)

Discuss patient populations and groups, group scheduling, patient materials, and billing and coding for CenteringParenting.

CENTERING Parenting in any pediatric residency programs? by **Tanya Munroe Dec 11, 2015 at 7:41pm**

[Events, Presentations and Conferences](#)











Post your CENTERING conferences, presentations.

Basic Workshop-Jan 21-22, 2016 - Alexandria, VA by **ssweeny Jan 3, 2016 at 3:42am**



CenteringConnects is the online  
community for Centering professionals.  
Join us at [centeringconnects.org](http://centeringconnects.org)  
Follow us at [centeringhealthcare.org](http://centeringhealthcare.org)

# Local Centering Workgroups

	<p><b>MA- Massachusetts Centering Consoritum</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderators: Tanya Munroe, mmashmasarmi, okirby, stefnee75</p>	0	0	No posts have been made on this board.
	<p><b>MI - Michigan Centering Consortium</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderators: khamiltonmcgraw, Tanya Munroe</p>	13	19	Follow-up and Notes from April 2016 Meeting by Tanya Munroe <i>May 4, 2016 at 5:09pm</i>
	<p><b>NC - North Carolina Centering Consortium</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderators: amymac, cgstrickland, ktrotter</p>	10	21	Code for childbirth education by Amanda Murphy <i>May 2, 2016 at 2:08pm</i>
	<p><b>NJ - New Jersey Centering Consortium</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: Tanya Munroe</p>	1	1	Welcome to Centering New Jersey! by ssweeny <i>Dec 9, 2015 at 10:40am</i>
	<p><b>NY- Healthy Start Brooklyn Centering Partners</b>            A private group supporting Healthy Start Brooklyn Centering Partners. Membership is by invitation only.            Moderators: Tanya Munroe, mphomas</p>	0	0	No posts have been made on this board.
	<p><b>NY - New York State Centering Exchange</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: genierotundo</p>	3	6	CenteringPregnancy paperwork by Tanya Munroe <i>Apr 14, 2016 at 2:10pm</i>
	<p><b>OH - Ohio Centering Network</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: Tanya Munroe</p>	12	27	Interest in an Advanced Facilitation workshop in 2016? by Molly Ryan <i>May 17, 2016 at 3:16pm</i>
	<p><b>SC - South Carolina Centering Consortium</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: sarahck</p>	5	6	SC Consortium Meeting 3/15/16 - synopsis by John Craine <i>Mar 15, 2016 at 3:11pm</i>
	<p><b>TX - Texas Centering Consortium</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: John Craine</p>	2	2	Texas March of Dimes Chapter Grants - Apply by 9/25/15! by John Craine <i>Aug 12, 2015 at 2:52pm</i>
	<p><b>VA / DC / MD Centering Network</b>            You must be a member of this group to post or reply. To join this group go the Groups tab in your Profile.            Moderator: John Craine</p>	14	19	VA/DC/MD Peer to Peer Network Meeting August 12, 2016 by John Craine <i>Apr 18, 2016 at 3:29pm</i>



**BOSOM BUDDIES BREASTFEEDING CLUB**



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to  
Centering!



The calendar pages on the right side of the whiteboard are arranged vertically. Each page represents a month, with a yellow horizontal bar across the top and several colorful circular markers (red, blue, yellow, green) placed along the top edge. The calendar grids contain various colored blocks and lines, likely representing scheduled events or activities.

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